

TABLE D.9

إستهلاك الأغذية النباتية الرئيسية العشر (2003-2005)

10种主要植物类食品的消费量 (2003 - 2005年)

Consumption of 10 major vegetal foods (2003-2005)

Consommation des 10 principaux produits alimentaires d'origine végétale ((2003-2005)

Потребление десяти основных продуктов растительного происхождения (2003-2005 гг.)

Consumo de los diez alimentos vegetales más importantes (2003-2005)

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2009

| COUNTRIES                | DIETARY ENERGY CONSUMPTION<br>(kcal/person/day) |       |       |        |                  |          |         |                |             |                          |
|--------------------------|---|-------|-------|--------|------------------|----------|---------|----------------|-------------|--------------------------|
|                          | Rice  | Wheat | Maize | Pulses | Sugar<br>raw eq. | Potatoes | Cassava | Soybean<br>oil | Palm<br>oil | Rape &<br>mustard<br>oil |
| Afghanistan              |   |       |       |        |                  |          |         |                |             |                          |
| Albania                  | 69  | 1 091 | 22    | 44     | 190              | 59       | 0       | 3              |             | 0                        |
| Algeria                  | 18  | 1 520 | 82    | 60     | 286              | 106      |         | 85             | 17          | 36                       |
| American Samoa           |   |       |       |        |                  |          |         |                |             |                          |
| Angola                   | 33  | 255   | 349   | 54     | 142              | 30       | 377     | 95             | 46          | 2                        |
| Antigua and Barbuda      | 61  | 510   | 26    | 25     | 276              | 18       | 2       | 113            |             |                          |
| Argentina                | 53  | 899   | 85    | 10     | 402              | 73       | 5       | 50             | 0           | 0                        |
| Armenia                  | 47  | 1 106 | 0     | 0      | 183              | 148      |         | 15             |             |                          |
| Australia                | 91  | 537   | 41    | 5      | 403              | 87       | 0       | 21             | 105         | 148                      |
| Austria                  | 30  | 674   | 101   | 6      | 416              | 114      |         | 92             | 18          | 137                      |
| Azerbaijan               | 28  | 1 271 | 77    |        | 196              | 151      |         | 66             |             |                          |
| Bahamas                  | 263   | 355   | 25    | 14     | 356              | 44       | 1       | 28             | 4           |                          |
| Bahrain                  |   |       |       |        |                  |          |         |                |             |                          |
| Bangladesh               | 1 580   | 172   | 30    | 41     | 51               | 42       | 1       | 39             | 78          | 16                       |
| Barbados                 | 190   | 562   | 130   | 65     | 475              | 62       | 3       | 177            |             |                          |
| Belarus                  | 36  | 534   | 3     | 0      | 290              | 331      |         | 20             |             | 30                       |
| Belgium                  | 47  | 748   | 14    | 20     | 487              | 144      |         | 112            | 44          | 110                      |
| Belize                   | 283   | 504   | 169   | 106    | 434              | 27       | 13      | 8              |             |                          |
| Benin                    | 242   | 27    | 475   | 87     | 43               | 0        | 374     | 4              | 76          | 2                        |
| Bhutan                   |   |       |       |        |                  |          |         |                |             |                          |
| Bolivia                  | 250   | 390   | 232   | 25     | 279              | 94       | 43      | 61             |             |                          |
| Bosnia and Herzegovina   | 16  | 623   | 741   | 61     | 120              | 159      |         | 4              | 8           |                          |
| Botswana                 | 73  | 274   | 396   | 136    | 261              | 43       | 0       | 6              | 3           | 1                        |
| Brazil                   | 403   | 390   | 211   | 150    | 389              | 28       | 101     | 335            | 20          |                          |
| Brunei Darussalam        | 747   | 438   | 90    | 23     | 316              | 20       | 15      | 3              | 132         |                          |
| Bulgaria                 | 43  | 861   | 128   | 32     | 302              | 66       |         | 41             |             |                          |
| Burkina Faso             | 167   | 41    | 403   | 108    | 45               | 0        | 1       | 2              | 17          | 0                        |
| Burundi                  | 44  | 13    | 205   | 307    | 26               | 4        | 268     | 1              | 7           |                          |
| Cambodia                 | 1 415   | 23    | 138   | 20     | 82               | 0        | 64      | 14             | 19          | 0                        |
| Cameroon                 | 193   | 127   | 313   | 133    | 95               | 10       | 271     | 16             | 129         |                          |
| Canada                   | 80  | 644   | 120   | 70     | 433              | 137      | 0       | 133            | 1           | 347                      |
| Cape Verde               | 466   | 346   | 321   | 63     | 215              | 51       | 18      | 101            | 8           | 1                        |
| Central African Republic | 61  | 55    | 227   | 64     | 60               | 0        | 343     | 3              | 18          | 0                        |
| Chad                     | 71  | 44    | 94    | 89     | 78               | 4        | 90      |                |             |                          |
| Chile                    | 78  | 886   | 160   | 42     | 418              | 102      | 0       | 192            |             | 24                       |
| China                    | 803   | 616   | 56    | 11     | 61               | 75       | 4       | 55             | 33          | 40                       |
| Colombia                 | 342   | 209   | 329   | 55     | 310              | 55       | 88      | 85             | 135         | 1                        |
| Comoros                  | 531   | 100   | 35    | 156    | 105              | 1        | 219     | 14             | 39          | 2                        |
| Congo                    | 121   | 442   | 54    | 33     | 143              | 2        | 738     | 88             | 185         | 3                        |
| Congo, Democratic Republ | 47  | 61    | 190   | 31     | 28               | 2        | 822     | 0              | 86          | 3                        |
| Costa Rica               | 486   | 293   | 138   | 97     | 510              | 33       | 5       | 158            | 132         |                          |
| Côte d'Ivoire            | 428   | 129   | 181   | 18     | 110              | 2        | 313     | 2              | 233         | 4                        |
| Croatia                  | 23  | 766   | 98    | 21     | 387              | 149      |         | 104            | 43          |                          |
| Cuba                     | 668   | 417   | 248   | 223    | 547              | 48       | 76      | 166            | 0           |                          |
| Cyprus                   | 62  | 669   | 12    | 43     | 416              | 78       |         | 117            |             | 41                       |
| Czech Republic           | 45  | 793   | 4     | 23     | 404              | 138      |         | 98             | 63          | 188                      |
| Denmark                  | 46  | 618   | 18    | 10     | 409              | 135      |         | 29             | 84          | 9                        |
| Dominica                 | 96  | 581   | 29    | 51     | 405              | 14       | 16      | 60             |             |                          |
| Dominican Republic       | 397   | 190   | 55    | 83     | 366              | 9        | 27      | 225            | 98          |                          |
| Ecuador                  | 438   | 276   | 35    | 42     | 172              | 55       | 18      | 96             | 231         |                          |
| Egypt                    | 411   | 1 081 | 588   | 84     | 263              | 45       |         | 41             |             |                          |
| El Salvador              | 92  | 215   | 807   | 122    | 349              | 22       | 7       | 60             |             |                          |
| Equatorial Guinea        |   |       |       |        |                  |          |         |                |             |                          |
| Eritrea                  | 1   | 702   | 28    | 116    | 50               | 5        |         | 23             |             | 1                        |
| Estonia                  | 24  | 521   | 37    | 15     | 468              | 191      |         | 71             |             |                          |
| Ethiopia                 | 5   | 295   | 341   | 121    | 39               | 10       |         | 4              | 11          | 2                        |
| Fiji                     | 467   | 743   | 5     | 86     | 339              | 44       | 82      | 183            |             | 5                        |
| Finland                  | 41  | 645   |       | 12     | 307              | 136      |         | 39             | 1           | 178                      |
| France                   | 53  | 758   | 87    | 18     | 355              | 117      |         | 45             | 12          | 68                       |
| French Polynesia         | 353   | 514   | 1     | 28     | 178              | 46       | 30      | 33             |             | 1                        |
| Gabon                    | 394   | 377   | 146   | 7      | 148              | 5        | 239     | 29             | 86          | 2                        |
| Gambia                   | 306   | 183   | 67    | 30     | 230              | 8        | 14      | 126            | 130         | 3                        |
| Georgia                  | 11  | 1 132 | 189   | 0      | 156              | 102      | 0       | 4              |             |                          |

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10种主要植物类食品的消费量 (2003 - 2005年)

Consumption of 10 major vegetal foods (2003-2005)

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| COUNTRIES                   | DIETARY ENERGY CONSUMPTION<br>(kcal/person/day) |       |       |        |                  |          |         |                |             |                          |
|-----------------------------|---|-------|-------|--------|------------------|----------|---------|----------------|-------------|--------------------------|
|                             | Rice  | Wheat | Maize | Pulses | Sugar<br>raw eq. | Potatoes | Cassava | Soybean<br>oil | Palm<br>oil | Rape &<br>mustard<br>oil |
| Germany                     | 45  | 625   | 79    | 6      | 389              | 141      |         | 101            | 41          | 106                      |
| Ghana                       | 215   | 112   | 355   | 5      | 86               | 0        | 613     | 4              | 77          | 0                        |
| Greece                      | 69  | 964   | 11    | 44     | 312              | 135      |         | 14             |             |                          |
| Guatemala                   | 57  | 193   | 911   | 90     | 377              | 16       | 3       | 133            | 28          |                          |
| Guinea                      | 918   | 104   | 88    | 57     | 117              | 0        | 293     | 17             | 149         | 2                        |
| Guinea-Bissau               | 772   | 96    | 163   | 12     | 80               | 0        | 73      | 30             | 65          | 6                        |
| Guyana                      | 810   | 455   | 16    | 62     | 334              | 20       | 69      | 16             | 40          |                          |
| Haiti                       | 429   | 231   | 217   | 87     | 187              | 2        | 56      | 79             | 8           |                          |
| Honduras                    | 143   | 260   | 741   | 101    | 401              | 8        | 7       | 7              | 218         |                          |
| Hungary                     | 55  | 810   | 2     | 37     | 341              | 121      |         | 60             | 34          | 38                       |
| Iceland                     | 34  | 550   |       | 10     | 399              | 95       |         | 120            |             |                          |
| India                       | 699   | 498   | 39    | 108    | 172              | 28       | 11      | 45             | 67          | 40                       |
| Indonesia                   | 1 235   | 140   | 183   | 13     | 145              | 8        | 114     | 31             | 65          |                          |
| Iran, Islamic Republic of   | 313   | 1 398 | 17    | 67     | 260              | 114      |         | 129            |             | 2                        |
| Iraq                        |   |       |       |        |                  |          |         |                |             |                          |
| Ireland                     | 30  | 745   | 122   | 25     | 423              | 202      |         | 54             | 0           | 166                      |
| Israel                      | 90  | 964   | 127   | 62     | 273              | 86       |         | 386            | 87          | 50                       |
| Italy                       | 62  | 1 052 | 32    | 52     | 291              | 72       |         | 94             | 17          | 31                       |
| Jamaica                     | 247   | 584   | 49    | 27     | 455              | 16       | 6       | 225            |             |                          |
| Japan                       | 607   | 365   | 74    | 17     | 189              | 42       | 0       | 124            | 16          | 141                      |
| Jordan                      | 238   | 1 013 | 11    | 76     | 413              | 48       |         | 118            | 85          | 0                        |
| Kazakhstan                  | 95  | 1 160 | 6     | 3      | 311              | 189      |         | 9              |             | 4                        |
| Kenya                       | 88  | 183   | 725   | 137    | 178              | 50       | 39      | 4              | 127         | 1                        |
| Korea, Democratic People's  | 699   | 215   | 345   | 117    | 37               | 115      | 0       | 73             | 9           | 0                        |
| Korea, Republic of          | 814   | 389   | 99    | 14     | 186              | 23       | 0       | 183            | 66          | 10                       |
| Kuwait                      | 490   | 730   | 22    | 65     | 352              | 32       |         | 73             | 170         |                          |
| Kyrgyzstan                  | 34  | 1 541 | 173   | 46     | 182              | 262      |         | 9              |             | 0                        |
| Lao People's Democratic R   | 1 473   | 15    | 175   | 27     | 44               | 9        | 20      | 3              |             |                          |
| Latvia                      | 22  | 484   | 14    |        | 284              | 216      |         | 191            |             | 102                      |
| Lebanon                     | 101   | 956   | 0     | 83     | 324              | 187      | 0       | 219            |             | 1                        |
| Lesotho                     | 38  | 378   | 1 388 | 41     | 149              | 82       |         |                |             |                          |
| Liberia                     | 508   | 262   | 33    | 27     | 48               | 1        | 440     | 8              | 310         | 8                        |
| Libyan Arab Jamahiriya      | 161   | 1 046 | 7     | 41     | 355              | 65       |         | 43             |             | 0                        |
| Lithuania                   | 25  | 955   | 4     | 27     | 260              | 221      |         | 100            |             | 121                      |
| Luxembourg                  | 23  | 615   | 75    | 9      | 130              | 81       |         | 36             |             | 74                       |
| Macedonia, The Former Yu    | 25  | 762   | 244   | 55     | 337              | 99       |         | 5              |             |                          |
| Madagascar                  | 989   | 44    | 134   | 39     | 61               | 16       | 326     | 51             | 4           | 1                        |
| Malawi                      | 31  | 31    | 1 100 | 130    | 119              | 187      | 198     | 15             | 4           |                          |
| Malaysia                    | 736   | 424   | 67    | 26     | 339              | 11       | 41      | 61             | 147         | 3                        |
| Mali                        | 525   | 74    | 249   | 114    | 120              | 12       | 8       | 0              | 24          | 2                        |
| Malta                       | 48  | 1 092 | 35    | 52     | 516              | 114      |         | 59             |             |                          |
| Mauritania                  | 305   | 841   | 26    | 125    | 429              | 10       | 0       | 124            | 162         | 5                        |
| Mauritius                   | 598   | 742   | 20    | 95     | 336              | 32       | 0       | 255            | 12          | 1                        |
| Mexico                      | 59  | 275   | 1 062 | 126    | 488              | 29       | 0       | 106            | 48          | 34                       |
| Moldova, Republic of        | 32  | 472   | 723   | 2      | 234              | 134      |         | 18             |             | 0                        |
| Mongolia                    | 71  | 914   | 0     | 4      | 151              | 72       | 3       | 84             | 13          | 2                        |
| Montenegro                  |   |       |       |        |                  |          |         |                |             |                          |
| Morocco                     | 7   | 1 405 | 266   | 62     | 356              | 77       | 0       | 153            |             | 3                        |
| Mozambique                  | 164   | 160   | 462   | 81     | 66               | 7        | 692     | 22             | 43          | 1                        |
| Myanmar                     | 1 356   | 35    | 19    | 134    | 12               | 15       | 9       | 13             | 9           |                          |
| Namibia                     | 34  | 321   | 357   | 67     | 221              | 13       | 0       | 3              |             |                          |
| Nepal                       | 831   | 349   | 382   | 77     | 41               | 88       | 0       | 27             | 80          | 47                       |
| Netherlands                 | 31  | 549   | 16    | 15     | 438              | 159      |         | 151            | 91          | 18                       |
| New Caledonia               | 215   | 669   | 7     | 19     | 210              | 44       | 18      | 29             | 7           | 2                        |
| New Zealand                 | 92  | 616   | 19    | 45     | 542              | 109      | 2       | 80             | 30          | 38                       |
| Nicaragua                   | 485   | 204   | 537   | 148    | 353              | 13       | 15      | 88             | 69          |                          |
| Niger                       | 193   | 40    | 34    | 188    | 72               | 1        | 29      | 1              | 68          | 0                        |
| Nigeria                     | 226   | 119   | 192   | 81     | 95               | 6        | 242     | 1              | 128         | 0                        |
| Norway                      | 44  | 797   |       | 13     | 417              | 139      |         | 166            | 37          | 124                      |
| Occupied Palestinian Territ | 191   | 780   | 2     | 52     | 213              | 23       |         | 82             | 8           |                          |
| Oman                        |   |       |       |        |                  |          |         |                |             |                          |
| Pakistan                    | 160   | 876   | 90    | 62     | 253              | 19       | 0       | 13             | 149         | 24                       |
| Panama                      | 594   | 276   | 155   | 47     | 264              | 20       | 17      | 158            | 11          | 1                        |

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|----------------------------|---|-------|-------|--------|------------------|----------|---------|----------------|-------------|--------------------------|
|                            | Rice  | Wheat | Maize | Pulses | Sugar<br>raw eq. | Potatoes | Cassava | Soybean<br>oil | Palm<br>oil | Rape &<br>mustard<br>oil |
| Papua New Guinea           |   |       |       |        |                  |          |         |                |             |                          |
| Paraguay                   | 107   | 166   | 487   | 116    | 241              | 3        | 301     | 251            | 12          |                          |
| Peru                       | 497   | 261   | 265   | 67     | 195              | 214      | 109     | 72             | 38          |                          |
| Philippines                | 1 146   | 187   | 20    | 14     | 246              | 3        | 53      | 13             | 24          | 1                        |
| Poland                     | 18  | 885   | 16    | 16     | 427              | 239      |         | 62             | 48          | 138                      |
| Portugal                   | 174   | 740   | 75    | 36     | 278              | 150      |         | 89             | 63          |                          |
| Qatar                      |   |       |       |        |                  |          |         |                |             |                          |
| Romania                    | 40  | 1 060 | 276   | 22     | 254              | 183      |         | 26             | 8           |                          |
| Russian Federation         | 49  | 1 024 | 4     | 16     | 372              | 234      |         | 27             |             | 1                        |
| Rwanda                     | 36  | 27    | 102   | 229    | 16               | 222      | 266     | 12             | 36          |                          |
| Saint Kitts and Nevis      | 234   | 381   | 9     | 55     | 396              | 17       | 1       | 95             |             |                          |
| Saint Lucia                | 119   | 678   | 28    | 52     | 327              | 23       | 14      |                |             |                          |
| Saint Vincent and the Gren | 400   | 475   | 74    | 50     | 426              | 22       | 5       | 84             |             |                          |
| Samoa                      | 164   | 388   |       | 0      | 245              | 9        | 4       |                | 46          |                          |
| Sao Tome and Principe      | 274   | 361   | 207   | 58     | 170              | 2        | 100     | 29             | 40          |                          |
| Saudi Arabia               | 347   | 842   | 152   | 38     | 308              | 32       | 0       | 7              | 195         | 2                        |
| Senegal                    | 677   | 207   | 185   | 18     | 97               | 8        | 51      | 151            | 34          | 7                        |
| Serbia                     |   |       |       |        |                  |          |         |                |             |                          |
| Serbia and Montenegro      | 7   | 486   | 126   | 72     | 257              | 82       |         | 63             |             |                          |
| Seychelles                 | 316   | 420   | 197   | 44     | 265              | 22       | 9       | 4              |             | 9                        |
| Sierra Leone               | 762   | 128   | 26    | 112    | 46               | 0        | 173     | 14             | 154         | 5                        |
| Singapore                  |   |       |       |        |                  |          |         |                |             |                          |
| Slovakia                   | 50  | 820   |       | 16     | 333              | 123      |         | 56             |             | 137                      |
| Slovenia                   | 32  | 685   | 286   | 21     | 173              | 107      |         | 284            |             |                          |
| Solomon Islands            | 729   | 136   |       | 76     | 65               | 0        | 15      |                | 26          |                          |
| Somalia                    | 142   | 148   | 271   | 19     | 248              |          | 25      | 3              | 28          | 1                        |
| South Africa               | 155   | 451   | 892   | 30     | 312              | 54       | 0       | 92             | 25          |                          |
| Spain                      | 71  | 624   | 12    | 46     | 314              | 131      |         | 100            |             | 8                        |
| Sri Lanka                  | 925   | 343   | 53    | 66     | 287              | 13       | 35      | 1              |             | 0                        |
| Sudan                      | 19  | 353   | 25    | 74     | 216              | 16       | 1       | 3              | 8           | 1                        |
| Suriname                   | 671   | 433   | 12    | 17     | 460              | 31       | 22      | 313            |             |                          |
| Swaziland                  | 115   | 314   | 607   | 65     | 266              | 21       | 0       | 3              | 0           | 0                        |
| Sweden                     | 56  | 604   | 10    | 15     | 394              | 101      |         | 12             | 37          | 199                      |
| Switzerland                | 59  | 634   | 17    | 14     | 514              | 80       |         | 43             | 50          | 51                       |
| Syrian Arab Republic       | 119   | 1 195 | 51    | 76     | 350              | 51       |         | 38             | 8           | 0                        |
| Tajikistan                 | 51  | 1 203 | 78    |        | 131              | 60       |         | 25             |             | 1                        |
| Tanzania, United Republic  | 189   | 96    | 685   | 96     | 80               | 10       | 275     | 1              | 62          |                          |
| Thailand                   | 1 021   | 106   | 72    | 29     | 323              | 8        | 32      | 62             | 64          |                          |
| Timor-Leste                | 863   | 77    | 474   | 40     | 38               | 2        | 103     |                |             |                          |
| Togo                       | 212   | 90    | 491   | 72     | 53               | 0        | 305     | 8              | 72          | 12                       |
| Tonga                      |   |       |       |        |                  |          |         |                |             |                          |
| Trinidad and Tobago        | 174   | 738   | 57    | 92     | 550              | 45       | 2       | 175            |             |                          |
| Tunisia                    | 16  | 1 552 | 0     | 83     | 328              | 60       |         | 292            | 41          | 7                        |
| Turkey                     | 74  | 1 388 | 152   | 107    | 243              | 102      |         | 56             | 113         |                          |
| Turkmenistan               | 149   | 1 512 | 0     |        | 89               | 52       |         | 38             |             |                          |
| Uganda                     | 45  | 70    | 229   | 194    | 78               | 27       | 293     | 25             | 32          |                          |
| Ukraine                    | 32  | 959   | 75    | 23     | 391              | 255      |         | 13             |             | 5                        |
| United Arab Emirates       | 418   | 899   | 7     | 110    | 361              | 21       | 1       | 43             | 7           | 2                        |
| United Kingdom             | 55  | 750   | 29    | 34     | 372              | 211      |         | 84             | 38          | 192                      |
| United States of America   | 95  | 601   | 98    | 42     | 335              | 100      | 0       | 539            |             | 35                       |
| Uruguay                    | 180   | 880   | 155   | 29     | 310              | 75       | 0       | 120            |             |                          |
| Uzbekistan                 | 69  | 1 294 | 35    | 0      | 55               | 57       |         | 12             |             | 1                        |
| Vanuatu                    | 613   | 256   |       |        | 145              | 62       |         | 5              | 26          |                          |
| Venezuela                  | 162   | 358   | 391   | 41     | 371              | 24       | 29      | 210            | 81          | 7                        |
| Viet Nam                   | 1 632   | 88    | 73    | 25     | 121              | 8        | 15      | 7              |             | 1                        |
| Yemen                      | 138   | 801   | 105   | 48     | 262              | 19       |         | 5              | 166         | 1                        |
| Zambia                     | 28  | 127   | 983   | 25     | 116              | 3        | 251     | 31             | 50          |                          |
| Zimbabwe                   | 17  | 176   | 872   | 48     | 252              | 5        | 41      | 74             | 29          | 0                        |
| World                      | 534   | 536   | 137   | 58     | 196              | 62       | 49      | 84             | 52          | 36                       |