



Quinoa salad with tuna and ginger



Chef Takahiro Tozawa (Japan)

Serves: 6

Ingredients:

1 cup quinoa
2 handfuls seaweed
2 cans (80 g) tuna
2 tomatoes, chopped
2 spring onions
Shaved ginger, to taste
Wine vinegar, to taste
Lemon juice, to taste
Salt, to taste

Preparation:

- Cook the quinoa in two cups of water.
- Chop the seaweed, spring onions and tomatoes.
- Rinse the cooked quinoa in a strainer and place in a bowl with the tuna.
- Add the shaved ginger, wine vinegar, lemon juice and salt to taste.
- Mix all the ingredients.