

Quinoa chicha



Ingredients:

- 2 cups quinoa
- 3 litres water
- 5 sprigs hierba luisa (lemongrass)
- 3 sprigs lemon verbena
- 1 tbsp allspice
- 4 cloves
- 1 cup pineapple
- 3 cinnamon sticks
- 1 cup naranjilla
- ½ cup passion fruit juice
- 2 cups brown sugar

Preparation:

- In one litre of water, cook the quinoa, pineapple, naranjilla and passion fruit juice for one hour and let cool
- In another pot, boil two litres of water with the brown sugar, cinnamon, cloves, allspice, lemon verbena and hierba luisa.
- Once boiling, turn off the heat and cover the pot for infusion.
- Stir the first preparation and sieve both preparations.
- Pour the resulting liquid in a covered container and let stand for 48 hours.
- Serve with ice.

