



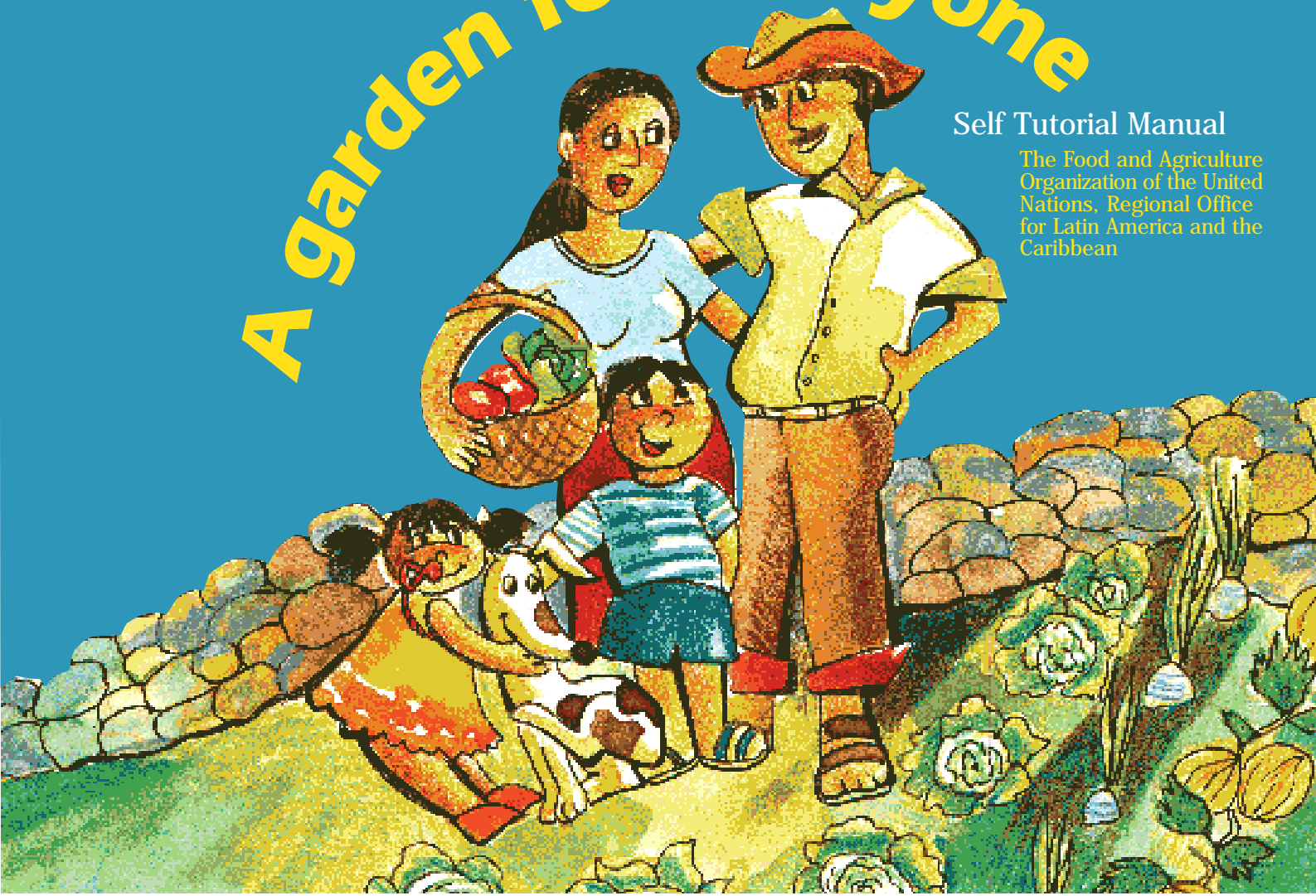
Special Program for Food Security (SPFS-Central America)



# A garden for everyone

Self Tutorial Manual

The Food and Agriculture  
Organization of the United  
Nations, Regional Office  
for Latin America and the  
Caribbean



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The Food and Agriculture  
Organization of the United  
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Regional Office for Latin  
America and the Caribbean  
Second Edition  
Santiago, Chile, 2002  
Translation and English  
edition version: September  
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# Presentation

"A garden for everyone", is a vegetable crop self tutorial manual prepared by the Regional Office of the FAO for Latin America and the Caribbean, to support the Technical Cooperation Network for the Production of Vegetables Crops.

The aim of this work is to implement accurate vegetable growing methods for family consumption. It is aimed at small farmers, rural schools teachers, children, urban and suburban residents who can access small land surfaces.

Better nutrition and income can be achieved through family participation in the production of vegetables crops.

The first edition, dated 1990, has successfully served programs, institutions and groups of small farmers. The second edition (2002) focused on the need to increase food security and to balance the nutrition of farmers and periurban residents living in poor conditions. The translation in to English allows an inter-regional cooperation among institutions and groups from different continents.

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# Authors

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This second edition 2002 has been prepared as part of the activities of the Special Program for Food Security in Central America (Projects GCP/HON/022/SPA; GCP/NIC/022/SPA; and GCP/GUA/009/SPA)