

Did you know that...



Girls and women have full and equal rights and should have equal benefits and opportunities. Special attention should be given to the problems that women and vulnerable and disadvantaged groups, including people affected by HIV/AIDS, face in getting food.

Some facts about my country

There are about 27 million people living in Uganda.

The country is rich in natural resources and produces enough food to feed its population.

However, **four out of five people** live on less than one dollar a day.

One out of five, or about **4.5 million Ugandans, are hungry**. They are the poor, refugees, women and children, orphans and families living with HIV/AIDS.

Food insecurity and poverty are highest in the countryside where nine out of ten people live.

Women in Uganda produce eighty per cent of the food, but have no right to own land.

Over 1 million people are living with HIV/AIDS and 880 thousand children are orphaned by it.

Currently, **Uganda has a very strong HIV/AIDS prevention campaign** and is one of the few countries that has actually reduced the rate of HIV/AIDS infection.



Read our story to find out...



How we got the chance to go to school, just like our brother.

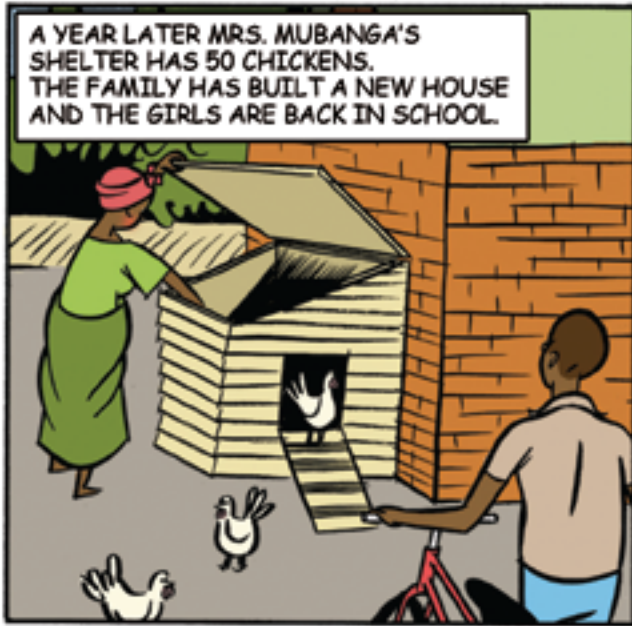
What we did to warn our community about the dangers of HIV/AIDS.

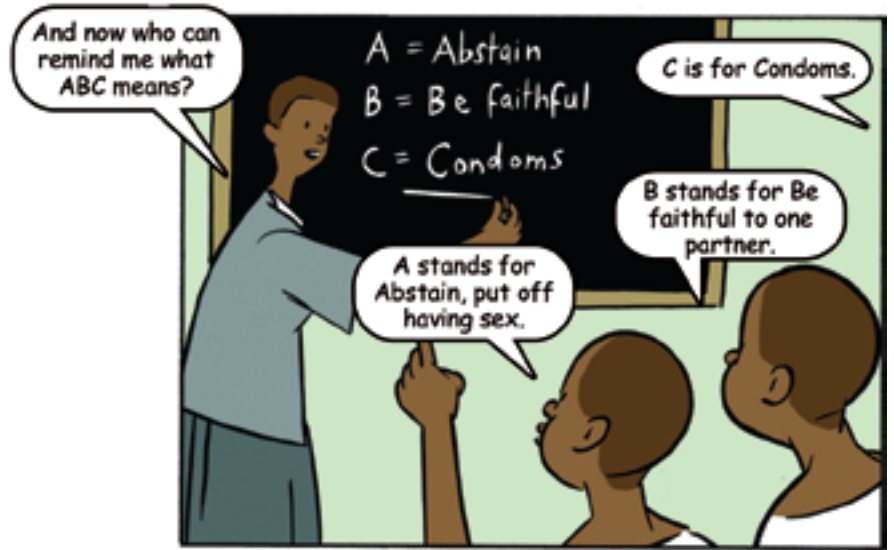
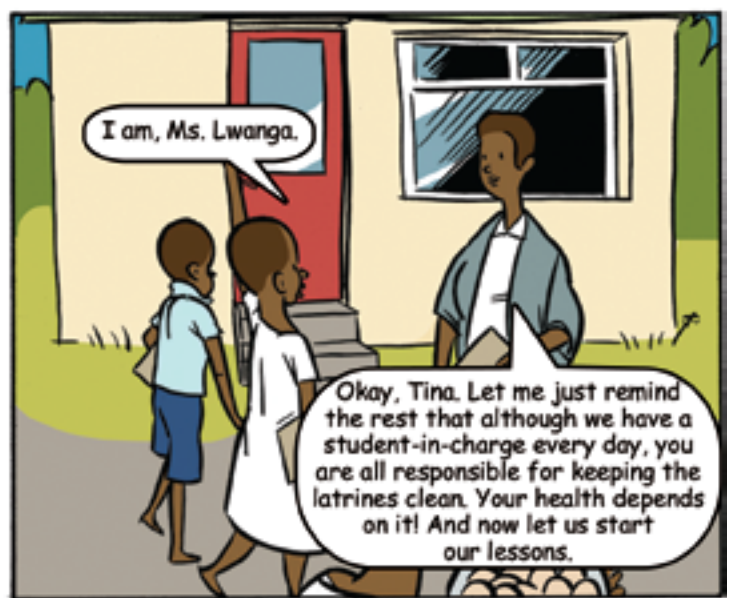
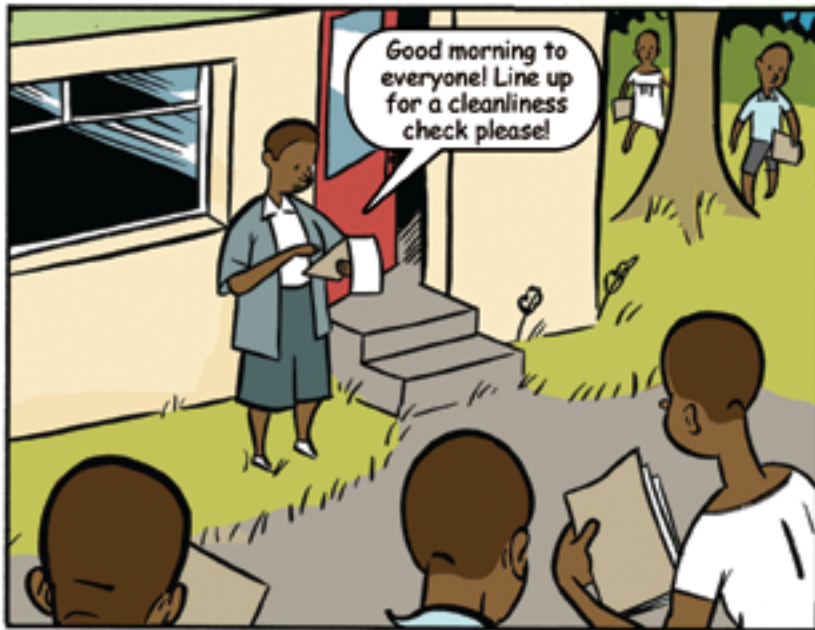
How good nutrition and health care can help people with HIV/AIDS.

No One Left Behind



No One Left Behind



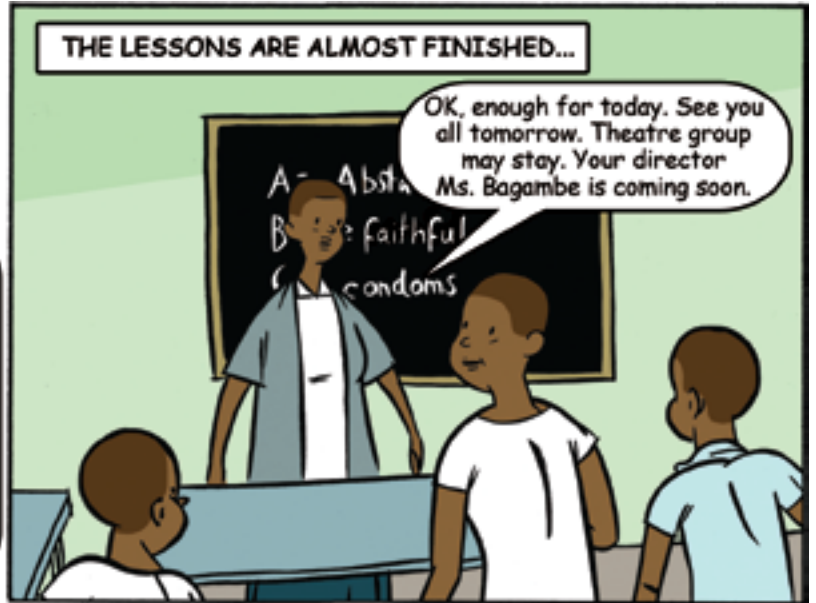


latrine: a specific area used as a toilet

No One Left Behind



All of us have to do our best to avoid **HIV/AIDS**. It is everybody's responsibility. Our whole nation is working to overcome this terrible disease. There are educational programmes, information campaigns, new testing services and better treatment.



THE LESSONS ARE ALMOST FINISHED...

OK, enough for today. See you all tomorrow. Theatre group may stay. Your director Ms. Bagambe is coming soon.



Let's go and see Alice after the theatre group. I have got some eggs for her.

Maybe she needs some help...



TODAY THE GIRLS REHEARSE A PUPPET SHOW ABOUT THE PREVENTION OF AIDS.

Hello, girls! How are you today?



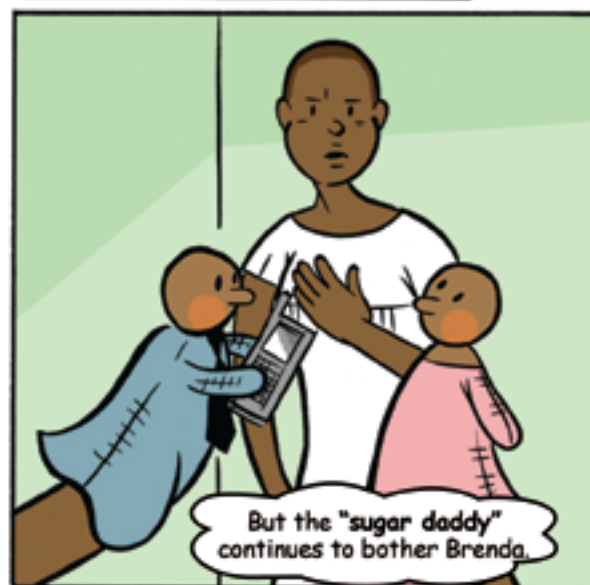
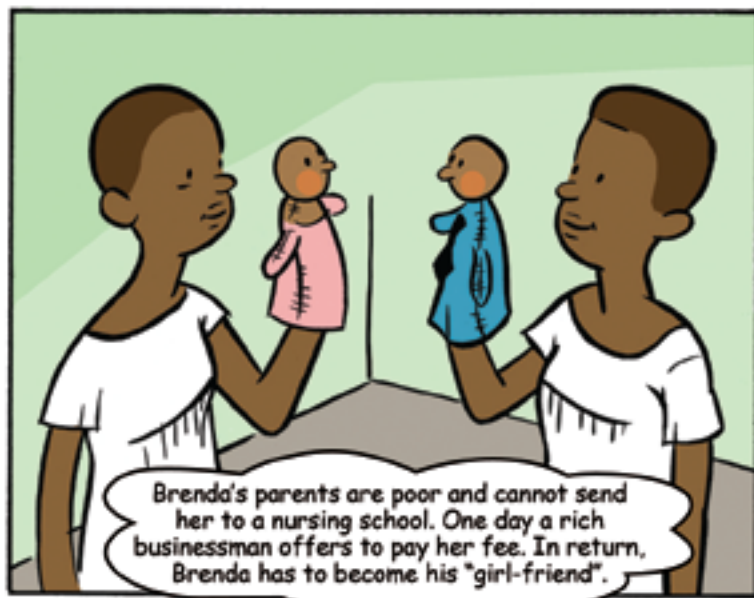
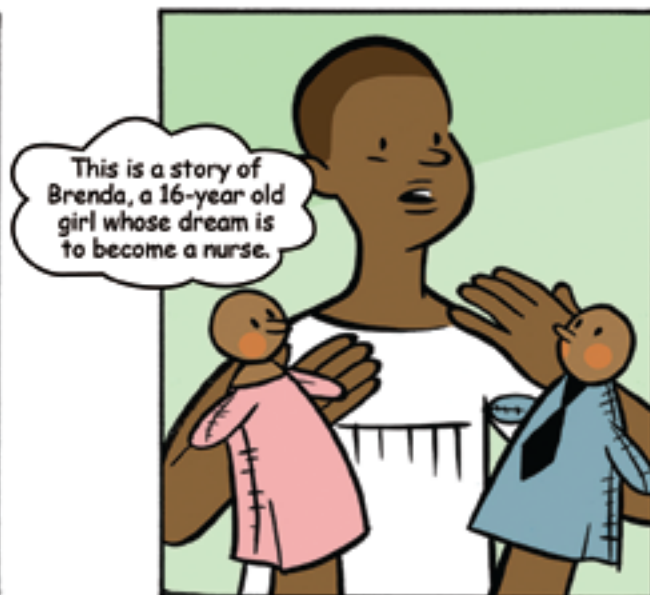
In Uganda there are a lot of children who lost their parents to AIDS. Today we will rehearse a puppet show.



Our puppet show is not just fun, it is very important for teaching our community. It might prevent the spread of **HIV/AIDS**!

HIV: Human Immunodeficiency Virus - infection which may cause AIDS

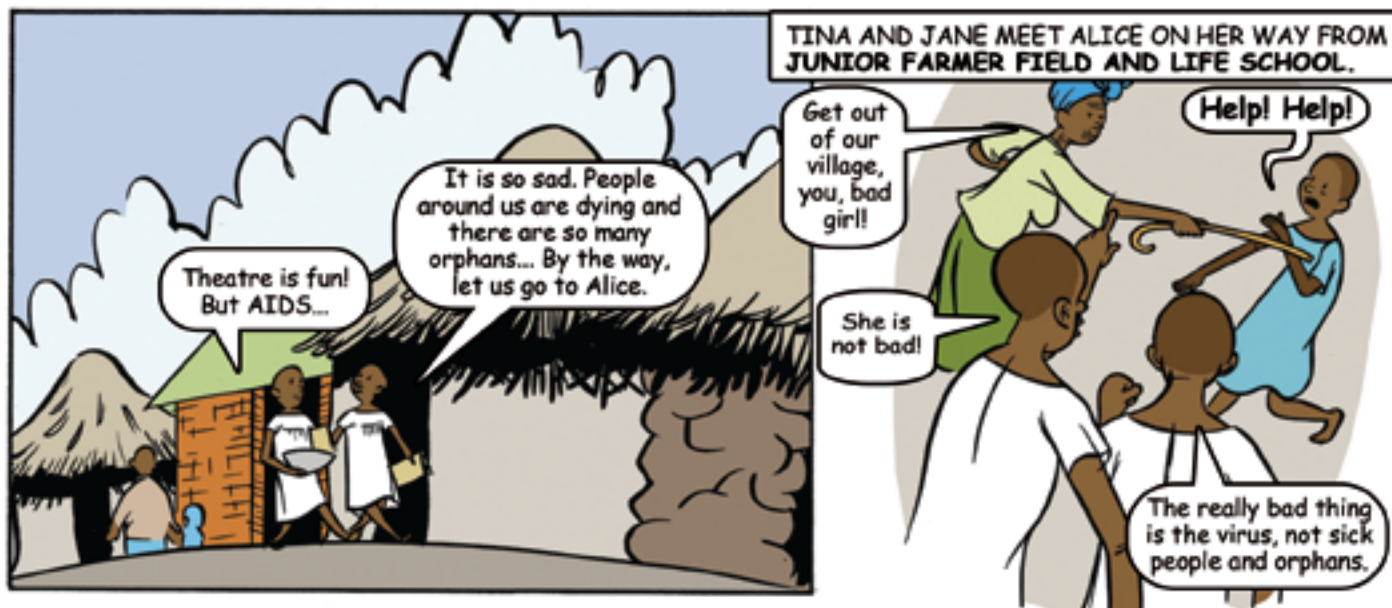
AIDS: Acquired Immunodeficiency Syndrome - a group of diseases caused by HIV infection



sugar daddy: a wealthy older man who gives a young person expensive gifts in return for friendship or sex

No One Left Behind





No One Left Behind



The End

So, what do YOU think?



Have you thought about...

how mother's project changed the life of Tina and Jane's family?

how going to school can help Tina and Jane have a better future?

Is it fair that...

women have fewer chances than men to go to school, own land, inherit property, get a loan?

some girls have to sell their bodies and risk getting HIV/AIDS in order to survive?

people living with HIV/AIDS are discriminated against?



Everyone can do something

Find someone near you who needs help and support and do what you can to help them.



Thank you!

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Special thanks go to the Team of WAGGGS Representatives at the FAO: Luca Capobianco Dondona, Giovanna Cavarocchi, Valeria Cristi, Massimo De Luca, Anna Rappazzo, Noemi Ruzzi and Alessandra Silvi.



This cartoon story book has been realized with the support of the Swiss Agency for Development and Cooperation and the contribution of the Provincia di Roma.

BRAZIL

When Paula, Davi, their teacher and classmates go to Vila Esperança, they see with their own eyes the lives of people living in poverty with little food and poor housing. They hear their stories and discover what can be done to help.

CANADA

Sara, Tommy and Sam find an ancient arrowhead that leads them to discover how people have had to change their ways of getting food over the years. Together with their grandfather, they meet a community group who are planting a vegetable garden to help provide more food for the neighbourhood.

INDIA

A group of citizens go to court to help ensure poor people's right to food. This leads to free mid-day meals for schoolchildren and to other government programmes for the poor. Kaushik and Gayatri can concentrate better in school now that they are not studying on an empty stomach.

INDONESIA

Jusaf visits the village of his cousins only to find that the food and life of the community have changed because of deforestation and pollution of the river. Together, the cousins learn the value of nature for their community and how they can help the land to recover.

ITALY

For their school work, Anna and her teenage friends interview shoppers at a supermarket, grocery store and an open-air market about their food choices. Together they learn about healthy eating and life-styles. Later, Anna tests what she has learned at the dinner table.

JORDAN

When Emily arrives in Jordan from Australia, she learns about the importance of water for food and life. Together with her host Fatima, she visits a refugee camp and a farm, and realises the importance of safe water for people, agriculture and industry.

SIERRA LEONE

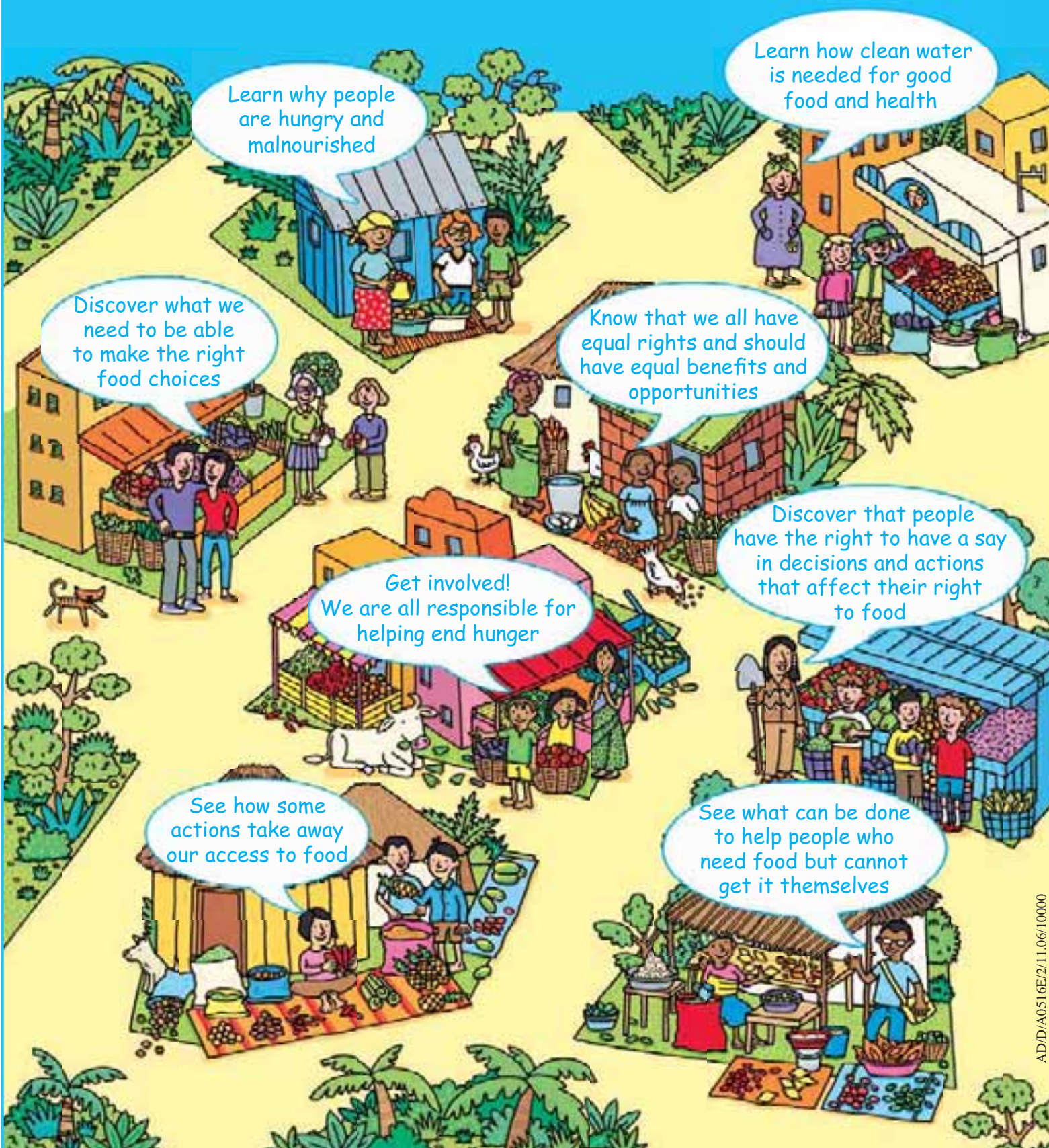
Life is not easy after the war. Mariama's husband has died and Adama's husband has lost his leg. With help and training, the two women are able to take over the farming to provide food for their children and rebuild their lives.

UGANDA

Tina and Jane want to go to school like their brother Joseph, but their help is needed at home. Thanks to their mother's chicken production and a new water point, they are able to return to school, where they learn some lessons that they share with others.



Read our stories about everyone's right to have enough food to eat every day



Learn why people are hungry and malnourished

Learn how clean water is needed for good food and health

Discover what we need to be able to make the right food choices

Know that we all have equal rights and should have equal benefits and opportunities

Discover that people have the right to have a say in decisions and actions that affect their right to food

Get involved!
We are all responsible for helping end hunger

See how some actions take away our access to food

See what can be done to help people who need food but cannot get it themselves

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For further information:

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