# CODEX ALIMENTARIUS

INTERNATIONAL FOOD STANDARDS



STANDARD FOR JAMS, JELLIES AND MARMALADES

CXS 296-2009

Adopted in 2009. Amended in 2017, 2020, 2022, 2023.

#### 2022 Amendment

Following decisions taken at the Forty-fifth Session of the Codex Alimentarius Commission in December 2022, amendments were made in Section 8.4 Labelling of non-retail containers.

## 2023 Amendment

Following decisions taken at the Forty-sixth Session of the Codex Alimentarius Commission in December 2023, amendments were made in Section 9. Methods of analysis and sampling.

#### 1. SCOPE

This standard, which supersedes individual standards for citrus marmalade (CXS 80-1981) and jams (fruit preserves and jellies [CXS 79-1981]), applies to jams, jellies and marmalades, as defined in Section 2 below, and offered for direct consumption, including for catering purposes or for repacking if required. This standard does not apply to:

- (a) products when indicated as being intended for further processing such as those intended for use in the manufacture of fine bakery wares, pastries or biscuits;
- (b) products which are clearly intended or labelled as intended for special dietary uses;
- (c) reduced sugar products or those with a very low sugar content; or
- (d) products where the foodstuffs with sweetening properties have been replaced wholly or partially by food additive sweeteners.
- 1.2 The terms, "preserve" or "conserve" are sometimes used to represent products covered by this standard. The use of the terms "preserve" and "conserve" are thereby required to comply with the requirements for jam and/or extra jam as set out in this standard.

## 2. DESCRIPTION

## 2.1 Product definitions

Product	Definition	
Jam <sup>i</sup> is the product brought to a suitable consistency, made from the whole fruit, piece the unconcentrated and/or concentrated fruit pulp or fruit puree, of one or more fruit, which is mixed with foodstuffs with sweetening properties as defined in Se with or without the addition of water.		
Jellies	are the products brought to a semi-solid gelled consistency and made from the juice and/or aqueous extracts of one or more fruits, mixed with foodstuffs with sweetening properties as defined in Section 2.2, with or without the addition of water.	
Citrus marmalade	is the product obtained from a single, or a mixture of citrus fruits, and brought to a suitable consistency. It may be made from one or more of the following ingredients: whole fruit or fruit pieces, which may have all or part of the peel removed, fruit pulp, puree, juice, aqueous extracts and peel and mixed with foodstuffs with sweetening properties as defined in Section 2.2, with or without the addition of water.	
Non-citrus marmalade	is the product prepared by cooking fruit, whole, in pieces, or crushed adding foodstuffs with sweetening properties as defined in Section 2.2 to obtain a semi-liquid or thick liquid.	
Jelly marmalade	is the product described under citrus marmalade from which all the insoluble solids have been removed but which may or may not contain a small proportion of thinly cut peel.	

## 2.2 Other definitions

For the purposes of this standard the following definitions shall also apply:

Product	Definition	
Fruit	Means all of the recognized fruits and vegetables that are used in making jams, including but not limited to those fruits mentioned in this standard, either fresh, frozen, canned, concentrated, dried, or otherwise processed and/or preserved which shall be sound, wholesome and clean and of suitable ripeness but free from deterioration and containing all its essential characteristics except that it has been trimmed, sorted and otherwise treated to remove any blemishes, bruises, toppings, tailings, cores, pits (stones) and may or may not be peeled.	
Fruit pulp	The edible part of the whole fruit, if appropriate, less the peel, skin, seeds, pips, etc. which may have been sliced or crushed but which has not been reduced to a puree	
Fruit puree	The edible part of the whole fruit, if appropriate, less the peel, skin, seeds pips and similar which has been reduced to a puree by sieving or other processes.	
Aqueous extracts	The aqueous extract of fruits which subject to losses necessarily occurring during	

i Citrus jam may be obtained from the whole fruit cut into strips and/or sliced.

Product	Definition		
	prope	er manufacture, contains all the water-soluble constituents of the fruit concerned.	
Fruit juices and concentrates	Products as defined in the <i>General standard for fruit juices and nectars</i> (CXS 247-2005). <sup>1</sup>		
Citrus fruit	Fruit of the Citrus L. family.		
	All sugars as defined in the <i>Standard for sugars</i> (CXS 212-1999); <sup>2</sup>		
	(b)	Sugars extracted from fruit (fruit sugars);	
Foodstuffs with sweetening properties	(c)	Fructose syrup;	
graph and a	(d)	Brown sugar;	
	(e)	Honey as defined in the <i>Standard for honey</i> (CXS 12-1981). <sup>3</sup>	

#### 3. ESSENTIAL COMPOSITION AND QUALITY FACTORS

#### 3.1 Composition

#### 3.1.1 Basic ingredients

- (a) Fruit ingredient, as defined in Section 2.2, in quantities laid down in Sections 3.1.2 (a) (d) below. In the case of jellies the quantities where appropriate shall be calculated after deduction of the weight of water used in preparing the aqueous extracts.
- (b) Foodstuffs with sweetening properties as defined in Section 2.2.

#### 3.1.2 Fruit content

The following percentage fruit content for jams and jellies specified at 3.1.2 (a) or 3.1.2 (b) below shall apply and labelled in accordance with Section 8.2:

- (a) The products, as defined in Section 2.1, shall be produced such that the quantity of fruit ingredient used as a percentage of finished product shall be not less than 45 percent in general, with the exception of the following fruits:
  - 35 percent for blackcurrants, mangoes, quinces, rambutan, redcurrants, rosehips, roselles, rowanberries and sea-buckthorns;
  - 30 percent for soursop and cranberry;
  - 25 percent for banana, cempedak, ginger, guava, jackfruit and sappota;
  - 23 percent for cashew apples;
  - 20 percent for durian;
  - 10 percent for tamarind; and
  - 8 percent for passion fruit and other strong flavoured or high acidity fruits."

When fruits are mixed together, the minimum content must be reduced in proportion to the percentages used.

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- (b) The products, as defined in Section 2.1, shall be produced such that the quantity of fruit ingredient used as a percentage of finished product shall be not less than 35 percent in general, with the exception of the following fruits:
  - 25 percent for blackcurrants, mangoes, quinces, rambutan, redcurrants, rosehips, roselles, rowanberries and sea-buckthorns;
  - 20 percent for soursop and cranberry;

Fruits when used at higher percentages, could render the product unpalatable in accordance with consumers preferences in the country of retail sale.

- 16 percent for cashew apples;
- 15 percent for banana, cempedak, guava, jackfruit and sappota;
- 11 percent 15 percent for ginger;
- 10 percent for durian; and
- 6 percent for passion fruit, tamarind or other strong flavoured or high acidity fruits.

When fruits are mixed together, the minimum content must be reduced in proportion to the percentages used.

In the case of Labrusca grape jam, grape juice and grape juice concentrate when added as optional ingredients, this may constitute a part of the required fruit content.

#### (c) Citrus marmalade

The product, as defined in Section 2.1, shall be produced such that the quantity of citrus fruit ingredients used in the manufacturing of 1000 g of finished product must not be less than 200 g of which at least 75 g must be obtained from the endocarp.<sup>iii</sup>

In addition, the term "jelly marmalade" as defined in Section 2.1, may be used when the product contains no insoluble matter but may contain small quantities of thinly cut peel.

#### (d) Non-citrus marmalade

The product, as defined in Section 2.1, shall be produced such that the quantity of fruit ingredient used as a percentage of the finished product shall not be less than 30 percent in general, with the exception of the following fruits:

11 percent for ginger.

#### 3.1.3 Other permitted ingredients

Any appropriate food ingredient of plant origin may be used in the products covered by this standard. This includes fruit, herbs, spices, nuts, alcoholic drinks and essential oils and vegetable edible oils and fats (used as antifoaming agents), as long as they do not mask poor quality and mislead the consumer. For example, red fruit juice and red beetroot juice may only be added to jams as defined in points 3.1.2 (a) and (b) made from gooseberries, plums, raspberries, redcurrants, rhubarb, rosehips, roselle or strawberries.

#### 3.2 Soluble solids

The soluble solids content for the finished products defined in Sections 3.1.2 (a) - (c) shall in all cases be between 60 to 65 percent or greater. In the case of the finished product defined in Section 3.1.2 (d), the soluble solids content shall be 40 - 65% or less.

## 3.3 Quality criteria

#### 3.3.1 General requirements

The end product shall be of an appropriate gelled consistency, having normal colour and flavour appropriate to the type or kind of fruit ingredient used in the preparation of the mixture, while taking into account any flavour imparted by optional ingredients or any permitted colouring agents used. It shall be free from defective materials normally associated with fruits. Jelly and extra jelly shall be reasonably clear or transparent.

## 3.3.2 Defects and allowances for jams

The products covered by this standard shall be largely free of defects such as plant material skins (if peeled), stones and pieces of stones and mineral matters. In the case of berry fruits, dragon fruit and passion fruit, seeds shall be considered a natural fruit component and not a defect unless the product is presented as "seedless".

#### 3.4 Classification of "defectives"

A container that fails to meet one or more of the applicable quality requirements as set out in Section 3.3.1 should be considered as a "defective".

iii In the case of citrus fruit, the endocarp means the fruit pulp (or flesh) which is often subdivided into segments and vesicas containing the juices and the seeds.

iv In accordance with the legislation of the country of retail sale.

## 3.5 Lot acceptance

A lot should be considered as meeting the applicable quality requirements referred to in Section 3.3.1 when the number of "defectives" as defined in Section 3.4 does not exceed the acceptance number (c) of the appropriate sampling plan with an accepted quality level (AQL) of 6.5.

## 4. FOOD ADDITIVES

Only those food additive classes listed below are technologically justified and may be used in products covered by this standard. Within each additive class, only those food additives listed below, or referred to, may be used and only for the functions, and within limits, specified.

**4.1** Acidity regulators, antifoaming agents, firming agents, preservatives and thickeners used in accordance with Table 3 of the *General standard for food additives* (CXS 192-1995)<sup>4</sup> are acceptable for use in foods conforming to this standard.

## 4.2 Acidity regulators

INS No.	Name of the food additive	Maximum level
334; 335 (ii); 337	Tartrates	3 000 mg/kg

#### 4.3 Antifoaming agents

INS No.	Name of the food additive	Maximum level
900a	Polydimethylsiloxane	10 mg/kg

## 4.4 Colours

INS No.	Name of the food additive	Maximum level
100(i)	Curcumin	500 mg/kg
101(i), (ii)	Riboflavins	200 mg/kg
104	Quinoline yellow	100 mg/kg
110	Sunset yellow FCF	300 mg/kg
120	Carmines	200 mg/kg
124	Ponceau 4R (Cochineal Red A)	100 mg/kg
129	Allura red AC	100 mg/kg
133	Brilliant blue FCF	100 mg/kg
140	Chlorophylls	GMP
141(i), (ii)	Chlorophylls and Chlorophyllins, Copper complexes	200 mg/kg
143	Fast green FCF	400 mg/kg
150a	Caramel I – Plain caramel	GMP
150b	Caramel II – Sulfite caramel	80 000 mg/kg
150c	Caramel III – Ammonia caramel	80 000 mg/kg
150d	Caramel IV – Sulphite ammonia caramel	1 500 mg/kg
160a(i)	Carotenes, beta-, synthetic	
160a(iii)	Carotenes, beta-, Blakeslea trispora	500 mg/kg
160e	Carotenal, beta-apo-8'-	singly or in combination
160f	Carotenoic acid, ethyl ester, beta-apo-8'-	

INS No.	Name of the food additive	Maximum level
160a(ii)	Carotenes, beta-, vegetable	1 000 mg/kg
160d(i), 160d(iii)	Lycopenes	100 mg/kg
161b(i)	Lutein from Tagetes erecta	100 mg/kg
162	Beet red	GMP
163(ii)	Grape skin extract	500 mg/kg
172(i)-(iii)	Iron oxides	200 mg/kg

#### 4.5 Preservatives

INS No.	Name of the food additive	Maximum level
200, 202, 203	Sorbates	1 000 mg/kg
210-213	Benzoates	1 000 mg/kg
220-225, 539	Sulfites	50 mg/kg as residual SO <sub>2</sub> in the end product, except when made with sulphited fruit when a maximum level of 100 mg/kg is permitted in the end product.

#### 4.6 Flavourings

The following flavourings are acceptable for use in foods conforming to this standard when used in accordance with good manufacturing practices and in compliance with the *Guidelines for the use of flavourings* (CXG 66-2008):<sup>5</sup> natural flavourings that are extracted from the named fruits in the respective product; natural mint flavouring; natural cinnamon flavouring; vanilla or vanilla extracts.

#### 5. CONTAMINANTS

- **5.1** The products covered by this standard shall comply with the maximum levels of the *General standard for contaminants and toxins in food and feed* (CXS 193-1995).<sup>6</sup>
- 5.2 The products covered by this standard shall comply with the maximum residue limits for pesticides established by the Codex Alimentarius Commission.

#### 6. HYGIENE

- 6.1 It is recommended that the products covered by the provisions of this standard be prepared and handled in accordance with the appropriate sections of the *General principles of food hygiene* (CXC 1-1969)<sup>7</sup> and other relevant Codex texts such as codes of hygienic practice and codes of practice.
- 6.2 The products should comply with any microbiological criteria established in accordance with the *Principles and guidelines for the establishment and application of microbiological criteria related to foods* (CXG 21-1997).8

## 7. WEIGHTS AND MEASURES

## 7.1 Fill of container

#### 7.1.1 Minimum fill

The container should be well filled with the product which should occupy not less than 90 percent (minus any necessary head space according to good manufacturing practices) of the water capacity of the container. The water capacity of the container is the volume of distilled water at 20 °C which the sealed container will hold when completely filled.

#### 7.1.2 Classification of "defectives"

A container that fails to meet the requirement for minimum fill of Section 7.1.1 should be considered as a "defective".

## 7.1.3 Lot acceptance

A lot should be considered as meeting the requirement of Section 7.1.1 when the number of "defectives", as defined in Section 7.1.2, does not exceed the acceptance number (c) of the appropriate sampling plan with an acceptable quality level (AQL) of 6.5.

#### 8. LABELLING

**8.1** The products covered by the provisions of this standard shall be labelled in accordance with the *General standard for the labelling of pre-packaged foods* (CXS 1-1985).<sup>9</sup> In addition, the following specific provisions apply:

#### 8.2 Name of the product

**8.2.1** The names of the products shall be:

In the case of Section 3.1.2 (a):

- Jam (or preserve or conserve, if appropriate);<sup>v</sup>
- Extra jam (preserve or conserve, if appropriate);<sup>v</sup>
- High fruit jam (preserve or conserve, if appropriate);<sup>v</sup>
- Jelly; and
- Extra jelly.

In the case of Section 3.1.2 (b):

- Jam (or preserve<sup>v</sup> or conserve<sup>v</sup> or fruit spread);
  - Jelly (or fruit spread).

In the case of Section 3.1.2 (c):

- Marmalade or Jelly marmalade.

In the case of Section 3.1.2 (d):

- "X" marmalade ("X" is a non-citrus fruit).

The name used should be in accordance with the legislation of the country of retail sale.

- **8.2.2** The name of the product shall provide an indication of the fruit(s) used in descending order of weight of the raw material used. In the case of products made with three of more different fruits, the alternative phrase "mixed fruit" or similar wording or by the number of fruits may be used.
- **8.2.3** The name of the product may provide an indication of the variety of fruit e.g. "Victoria" plum and/or may include an adjective describing the character e.g. "seedless", "shredless".
- **8.2.4** The name of the product shall be accompanied by the term "prepared with added alcohol" in accordance with the legislation of the country of retail sale.

## 8.3 Fruit quantity and sugar declaration

Depending on the legislation or requirements of the country of retail sale, the products covered by this standard may also give an indication of the fruit ingredient content in the form of "prepared with X g of fruit per 100 g" and the total sugar content with the phrase "total sugar content X g per 100 g". If an indication of fruit content is given, this should relate to the quantity and type of fruit ingredient used in the product as sold with a deduction for the weight of any water used in preparing the aqueous extracts.

#### 8.4 Labelling of non-retail containers

The labelling of non-retail containers should be in accordance with the *General standard for the labelling of non-retail containers of foods* (CXS 346-2021).<sup>10</sup>

The provision in parenthesis applies only to the English version of the standard.

## 9. METHODS OF ANALYSIS AND SAMPLING

## 9.1 METHODS OF ANALYSIS

For checking the compliance with this standard, the methods of analysis and sampling contained in the *Recommended methods of analysis and sampling* (CXS 234-1999)<sup>11</sup> relevant to the provisions in this standard, shall be used.

## 9.2 SAMPLING

As described in the standard.

## Sampling plans

The appropriate inspection level is selected as follows:

Inspection level I - Normal sampling

Inspection level II - Disputes, (Codex referee purposes sample size), enforcement or need for better lot estimate

#### **SAMPLING PLAN 1**

(Inspection level I, AQL = 6.5)

(1	Inspection level I, AQL = 6.5	
NET WEIGH	T IS EQUAL TO OR LESS THAN 1 H	(G (2.2 LB)
Lot size (N)	Sample size (n)	Acceptance number (c)
4 800 or less	6	1
4 801 – 24 000	13	2
24 001 – 48 000	21	3
48 001 – 84 000	29	4
84 001 – 144 000	38	5
144 001 – 240 000	48	6
more than 240 000	60	7
NET WEIGHT IS GREATER	THAN 1 KG (2.2 LB) BUT NOT MO	PRE THAN 4.5 KG (10 LB)
Lot size (N)	Sample size (n)	Acceptance n (c)
2 400 or less	6	1
2 401 – 15 000	13	2
15 001 – 24 000	21	3
24 001 – 42 000	29	4
42 001 – 72 000	38	5
72 001 – 120 000	48	6
more than 120 000	60	7
NET W	EIGHT GREATER THAN 4.5 KG (1	0 LB)
Lot size (N)	Sample size (n)	Acceptance number (c)
600 or less	6	1
601 – 2 000	13	2
2 001 – 7 200	21	3
7 201 – 15 000	29	4
15 001 – 24 000	38	5
24 001 – 42 000	48	6
more than 42 000	60	7

## **SAMPLING PLAN 2**

## (Inspection level II, AQL = 6.5)

NET WEIGH	IT IS EQUAL TO OR LESS THAN 1	KG (2.2 LB)
Lot size (N)	Sample size (n)	Acceptance number (c)
4 800 or less	13	2
4 801 – 24 000	21	3
24 001 – 48 000	29	4
48 001 – 84 000	38	5
84 001 – 144 000	48	6
144 001 – 240 000	60	7
more than 240 000	72	8
NET WEIGHT IS GREATER	THAN 1 KG (2.2 LB) BUT NOT M	ORE THAN 4.5 KG (10 LB)
Lot size (N)	Sample size (n)	Acceptance number (c)
2 400 or less	13	2
2 401 – 15 000	21	3
15 001 – 24 000	29	4
24 001 – 42 000	38	5
42 001 – 72 000	48	6
72 001 – 120 000	60	7
more than 120 000	72	8
NET V	VEIGHT GREATER THAN 4.5 KG (	(10 LB)
Lot size (N)	Sample size (n)	Acceptance number (c)
600 or less	13	2
601 – 2 000	21	3
2 001 – 7 200	29	4
7 201 – 15 000	38	5
15 001 – 24 000	48	6
24 001 – 42 000	60	7
more than 42 000	72	8

#### **NOTES**

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<sup>&</sup>lt;sup>1</sup> FAO and WHO. 2005. *General standard for fruit juices and nectars*. Codex Alimentarius Standard, No. CXS 247-2005. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>2</sup> FAO and WHO. 1999. *Standard for sugars*. Codex Alimentarius Standard, No. CXS 212-1999. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>3</sup> FAO and WHO. 1981. Standard for honey. Codex Alimentarius Standard, No. CXS 12-1981. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>4</sup> FAO and WHO. 1995. *General standard for food additives*. Codex Alimentarius Standard, No. CXS 192-1995. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>5</sup> FAO and WHO. 2008. *Guidelines for the use of flavourings*. Codex Alimentarius Guideline, No. CXG 66-2008. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>6</sup> FAO and WHO. 1995. *General standard for contaminants and toxins in food and feed.* Codex Alimentarius Standard, No. CXS 193-1995. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>7</sup> FAO and WHO. 1969. *General principles of food hygiene*. Codex Code of Practice, No. CXC 1-1969. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>8</sup> FAO and WHO. 1997. *Principles and guidelines for the establishment and application of microbiological criteria related to foods*. Codex Alimentarius Guideline, No. CXG 21-1997. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>9</sup> FAO and WHO. 1985. *General standard for the labelling of pre-packaged foods*. Codex Alimentarius Standard, No. CXS 1-1985. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>10</sup> FAO and WHO. 2021. *General standard for the labelling of non-retail containers of foods*. Codex Alimentarius Standard, No. CXS 346-2021. Codex Alimentarius Commission. Rome.

<sup>&</sup>lt;sup>11</sup> FAO and WHO. 1999. *Recommended methods of analysis and sampling*. Codex Alimentarius Standard, No. CXS 234-1999. Codex Alimentarius Commission. Rome.