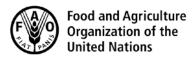
## CODEX ALIMENTARIUS COMMISSION





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CL 2023/94-FL November 2023

TO: Codex Contact Points

Contact Points of international organizations having observer status with Codex

**FROM:** Secretariat, Codex Alimentarius Commission, Joint FAO/WHO Food Standards Programme

SUBJECT: Request for comments/information on the establishment of a definition of added sugars

**DEADLINE: 26 January 2024** 

#### **BACKGROUND**

- 1. During the 47<sup>th</sup> Session of the Committee on Food Labelling (CCFL47), there was a discussion about the need to establish a definition for added sugars to be incorporated into the *Guidelines on Nutritional Labelling* (CXG 2-1985), as well as considering the inclusion of a declaration of added sugars in Section 3.2 on Listing of nutrients. It was emphasized that harmonizing the definition and declaration of added sugars in nutritional labelling is important to provide consumers with accurate information about sugar content in foods, enabling them to make healthier choices and encouraging manufacturers to follow recommendations for reducing the amount of added sugars in their products.
- 2. CCFL47 agreed that Costa Rica would prepare a discussion paper on the definition for added sugars and that:
  - a. The discussion paper would take into account the need for including sugar on the nutrient declaration list; and
  - b. A Circular Letter (CL) would be issued to request for information to support the development of the discussion paper (REP23/FL, para. 179).
- 3. This CL poses questions to support the abovementioned.

#### REQUEST FOR COMMENTS

- 4. Codex members and observers are invited to submit their comments on the questions in this Circular Letter (see Appendix attached). The responses to this questionnaire will serve as input for the preparation of the discussion paper for CCFL48.
- 5. The questions are uploaded to the Codex Online Commenting System (OCS): <a href="https://ocs.codexalimentarius.org/">https://ocs.codexalimentarius.org/</a>, as per the guidance below.

### **GUIDANCE ON THE PROVISION OF COMMENTS**

- 6. Comments should be submitted through the Codex Contact Points of Codex members and observers using the OCS.
- 7. Contact Points of Codex members and observers may login to the OCS and access the document open for comments by selecting "Enter" in the "My reviews" page, available after login to the system.
- 8. Other OCS resources, including the user manual and short guide, can be found at the following link: <a href="http://www.fao.org/fao-who-codexalimentarius/resources/ocs/en/">http://www.fao.org/fao-who-codexalimentarius/resources/ocs/en/</a>.
- 9. For any query on OCS, please contact <a href="mailto:Codex-OCS@fao.org">Codex-OCS@fao.org</a>.

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**Appendix** 

# (Replies to this questionnaire should be submitted directly in OCS as instructed above) APPENDIX I

and its reference (lin						
□YES	□NO		□ UI	☐ UNDER DEVELOPMENT		
Comments						
Q2: Is the declaration explain.	n of added suga	ars content vo	oluntary o	r mandatory in yo	our country? Please	
□YES, VOLUNTARY	☐ YES, MAND	DATORY	□ NO		□ OTHER	
Comments						
Q3: How is the decla you have informatio provide a link to it.						
Comments						
Q4: Do you think it is	important for (	Codex to defi	ne the teri	m "added sugars	"? Please explain.	
□YES	□NO		ПО□	HER		
Comments			l			
Q5: If your answer t should develop such				ee do you think,	under its mandate,	
☐ Codex Committe Labelling (CCFL)	e on Food	☐ Codex Col Foods for (CCNFSDU)	Special	n Nutrition and Dietary Uses	OTHER	
Comments						
Q6: Do you think Co should it be mandato				the nutrient dec	laration list? If yes,	
□YES, VOLUNTARY	□YES, MANDATORY		□NO		□OTHER	

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Comments	
Q7: Do you see any barrie under the CCFL? Please e	or limitations to the development of the definition of "added sugars plain.
□YES	□NO
Comments	
	gestions that Codex should take into consideration regarding th
definition of "added suga	".
Comments	