



CFS 51

23-27 October 2023

Side event 18 | Our seat at the table – maximizing transformative opportunities across the rural-urban continuum to deliver healthy diets from sustainable food systems

Organized by:

- Food and Agriculture Organization of the United Nations (FAO)
- UN-Nutrition
- United Nations Human Settlements Programme (UN-Habitat)
- United Nations Convention to Combat Desertification (UNCCD)
- The Urban Food Systems Coalition (UFSC)
- United Cities and Local Governments (UCLG)
- Global Alliance for Improved Nutrition (GAIN)
- The Global Taskforce of Local and Regional Governments
- EcoAgriculture Partners
- German Development Cooperation (GIZ)
- Coalition of Action on Healthy Diets from Sustainable Food Systems (HDSFS)

Wednesday, 25 October; 13.30 – 14.45 (UTC+2)
Red Room & via Zoom

[Register here](#)

Abstract

Transformative action to deliver healthy diets from sustainable food systems is essential to end malnutrition in all its forms and achieve the interlinked, and interdependent 2030 Sustainable Development Goals (SDGs). Local and regional governments have successfully promoted the importance of local and territorial food systems in achieving overall food systems transformation and the SDGs. The emphasis now shifts to greater facilitation and acceleration of coherent national and local action. Food systems drivers, including the influence of urbanisation and the need for better integration of value chains across the rural-urban continuum, offer numerous opportunities and policy entry points for urban and local governments, and other local stakeholders. Interventions to support local food systems can create co-benefits for people and nature. Actions at the local level can play a catalytic role in tackling widening social and economic inequalities. They can also address the worrisome convergence of rural-urban food consumption patterns favouring highly processed foods often high in unhealthy fats, sugars or salts. Efforts to support local, place-based food systems can leverage national action to combat malnutrition, protect and conserve biodiversity and ecosystems, boost livelihoods and support local formal and informal economies. Within the rural-urban continuum, harnessing the food systems connectivity of small and medium size cities and rural towns is key. Action should ensure quality service provision, and improve access, affordability and desirability of nutritious foods. Sustained impact depends upon people-centered, multisectoral approaches led by robust, inclusive food systems governance and targeted investment at the local, regional and national levels.

Objectives

- Discuss the implications of a local and territorial approach to facing challenges and harnessing opportunities for transformative actions to deliver healthy diets from sustainable food systems;
- Showcase inclusive, people-centered, locally based food systems tools and solutions to tackle malnutrition, protect the environment, strengthen resilience, and accelerate progress towards the 2030 SDGs;
- Maximize the opportunities offered by the upcoming HLPE report and MYPOW's focus on local food systems and territorial governance to further advance advocacy for, and action by, local and regional governments in food systems transformation.



Committee on World Food Security – CFS



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