



CFS 51

23-27 October 2023

Side event 27 | The Inextricable link between diet quality, food accessibility and global inequality

Organized by:

- Private Sector Mechanism (PSM)
- Global Dairy Platform
- Philippines
- Nestlé
- US Dairy Export Council

Thursday, 26 October; 13.30 – 14.45 (UTC+2)
Sheikh Zayed Center & via Zoom

[Register here](#)

Abstract

According to the recent HLPE report, Reducing Inequalities for Food Security and Nutrition, inequalities in food systems are often related to food accessibility and availability, among other things. Access to healthier, nutritionally adequate diets in turn can lessen inequalities in populations, leading to greater health, education, and employment opportunities.

In many developing countries access to healthy foods and the ability to purchase them are often reserved for a select few. In these countries, creating efficiencies in purchasing power and availability of nutrient dense foods among them, can help ease the burden of malnutrition by making nutritious foods affordable and accessible to the most people possible.

This side event will highlight ongoing projects designed to 1) generate a least cost diet model which generates foods and diets that can supply the most nutrients for the lowest cost; and 2) provide insights on malnutrition in India and Africa. and the importance of supplying low cost, high-quality protein sources more broadly to combat stunting, wasting, and related conditions.

Objectives

- Generate a least cost diet model in high income countries which highlights foods and diets that can supply the most nutrients for the lowest cost;
- Provide insights on malnutrition in Asian and African countries regarding the importance of supplying low cost, high-quality protein and micronutrients more broadly to combat stunting, wasting, and related conditions;
- Assessing how to leverage diet modeling approaches for affordable nutrition product development and new technologies could improve the impact of food fortification.



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