# Promoting Sustainable Farming in Mountain Region



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Mountain Environment Protection Society (MEPS) Leila Sotoudeh

# Background

- Bachelor's in Environmental Engineering (Natural Resources)
- Master's in Environmental Planning and Management
- Project Management
- Sustainability Management



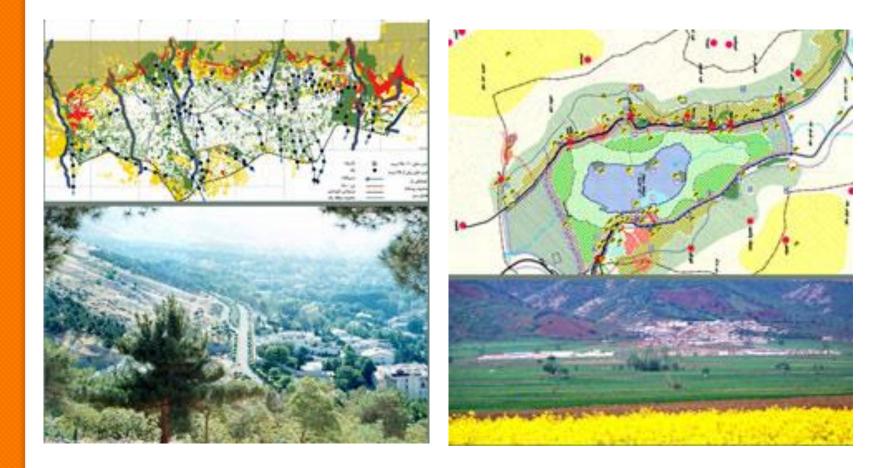
### Research

- Highlands-lowlands Ecological dependencies (Tehran- Alborz Mountains)
- Analysis of land capability and structural functional development of landscape structure to obtain a sustainable development plan for Iranian plateau (Binaloud Mountains- North-West of Iran)

**Purpose**: to find convenient ways to manage land use and natural resources in Iranian plateau where aridity is a dominant significant factor

- landscape ecology's concepts at the watershed scale
- GIS and RS

- Tourism planning in mountainous areas
- Urban-Environmental design of valleys in mountains



- Iran is a mountainous Country \_
- 53% is at altitudes between 1000 –2000 m
- 16% is above 2000 m
- Damavand with 5670 m is the highest in west Asia and \_ Europe 40°N
- 85% arid, semi-arid or hyper arid environment 35°N 30°N 3000 2000 25°N 1000 0 200 50°E

45°E

55°E

60°E

#### Mountain Environment Protection Society (MEPS)

- Was established as an NGO in Tehran, Iran in 1993 by a group of mountaineers and nature lovers
- Initiate and conduct tree planting and clean-up projects in mountains since 1994
- Committed to conservation and sustainable mountain development
- Focused on awareness raising and capacity building

## Family farming

 Alternative pasture management methods for the protection of endemic plant species in Agro-Pastoral societies





### Conservation of mountain ecosystem through local communities participation



#### Integrated natural resources management through local communities empowerment





• Empowerment of mountain community by introducing alternative livelihood opportunities





## Mountain communities

• Training workshops for herders, farmers ,...

#### Discussion sessions

who: stakeholders, regional policy and decision makers and local community

**About:** issues, policies and regulations, traditional knowledge, Possible solutions

- Training sessions for children and youth
- Pilot sites selection in the highland pastures for pasture establishment
- low-yield rain-fed wheat or oat farms conversion to fodder cultivation as alternative cultivation



