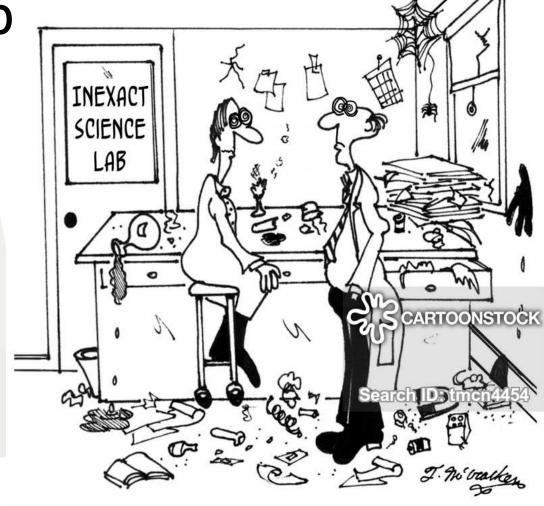


## Health and Safety in the lab

#### Why does it matter?

#### Safe working protects:

- You
- Other lab workers
- Cleaners
- Visitors
- Your work



 $https://www.cartoonstock.com/directory/l/laboratory\_accidents.asp$ 

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## Health and Safety in the lab

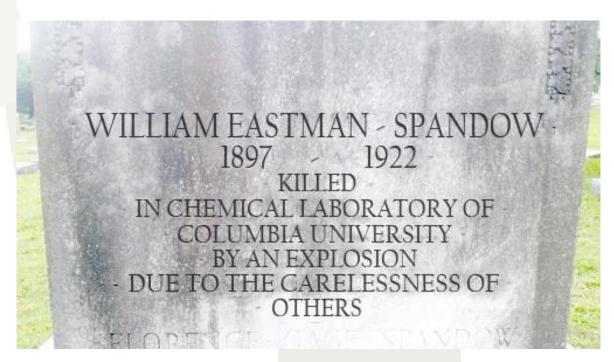
#### Why does it matter?

#### Safe working protects:

- You
- Other lab workers
- Cleaners
- Visitors
- Your work

#### Who is responsible?

Every one



#### 1922 Lab Explosion

https://www.labsafety.org/1922-lab-explosion-with-clues-for-today





## What is Health and Safety?

the <u>laws</u>, <u>rules</u>, and <u>principles</u> that are <u>intended</u> to <u>keep people safe</u> from <u>injury</u> or <u>disease</u> at <u>work</u> and in <u>public places</u> (cf. Cambridge dictionary)



#### Hazard and Risk -- What's the difference?

A hazard is any source of potential damage or harm to an individual's health or life under certain conditions.



Risk is the chance or probability of a person being harmed or experiencing an adverse health effect if exposed to a hazard.

#### **Enlightened EH&S**







TRIUMVIRATE

1. Recognize the Hazards



1. Recognize the Hazards

2. **Assess** the Risks of the Hazards

- 1. Recognize the Hazards
- 2. **Assess** the Risks of the Hazards

3. Minimize or control the Risks of the Hazards



- 1. Recognize the Hazards
- 2. **Assess** the Risks of the Hazards

- 3. Minimize or control the Risks of the Hazards
- 4. **Prepare** for Emergencies from Uncontrolled



1. Recognize the Hazards



### 1. Recognize the Hazards

Know what hazards are present in your lab.

#### What are the general hazards in a laboratory?

- Fire
- Breakage of glassware
- Spillages
- Pressure equipment and gas cylinders
- Extremes of heat cold
- Chemical hazards
- Biological hazards
- Radiation

And many more!!!!





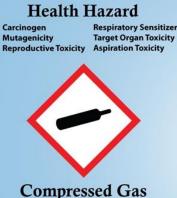
## 1. Recognize the Hazards: Hazard Classes

Know the signs and meaning

#### Think safety

- Environmental Hazards
- Health Hazards
- Physical Hazards

## **GHS Hazard Pictograms Globally Harmonized System**



**Gases Under Pressure** 





Flammable

**Emits Flammable Gas** 

Flammables





Toxic Acute Toxicity (fatal or toxic)



Harmful Irritant (skin & eye) Narcotic Effects Skin Sensitizer **Respiratory Tract Irritant Hazardous to Ozone Layer Acute Toxicity** (Non-Mandatory)



**Explosive** Explosives Self-Reactives **Organic Peroxides** 



Oxidizing

Oxidizers



### 1. Recognize the Hazards

Match the pictogram to the hazard





1. Recognize the Hazards

2. Assess the Risks of the Hazards

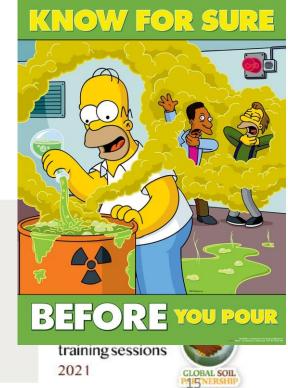


### 2. Assess the Risks of the Hazards

• Risk assessment: the process of estimating the probability of harm from a hazard, by considering the process or the laboratory procedure that will be used with the hazard.

Risk assessment = severity of the hazard x probability of exposure to the hazard

When? Before, during and after an Experiment.



## 2. Assess the Risks of the Hazards How to do a Risk Assessment?

Quantifying laboratory risk assessment

You can not manage what you don't measure



## Types of risk assessment

1- Qualitative Risk Assessments

the assessor will use their personal judgement to identify hazards around the workplace, assess risks and plan control measures.

2- Quantitative Risk Assessments

Assessors use risk matrix

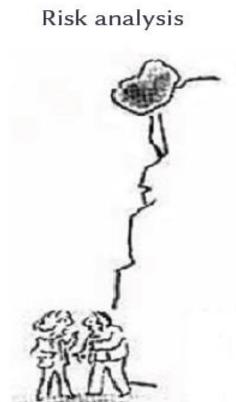
## Types of risk assessment in laboratory:

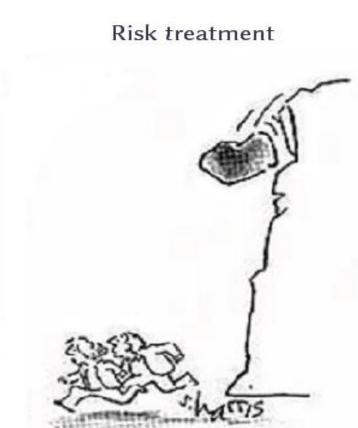
- Quality risk assessment (quality of data)
- Environmental risk assessment
- Health and safety risk assessment
- Economic risk assessment (equipment, and incomes of the laboratory)



## Steps of Risk Assessment

Risk identification

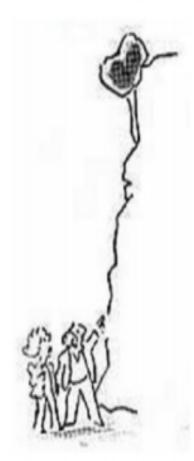






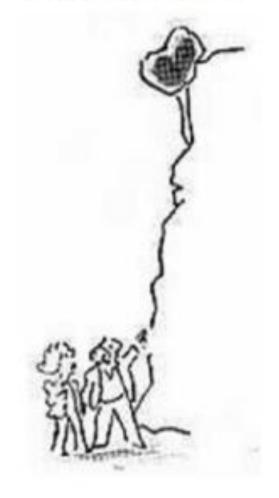
#### Risk identification

## Risk Identification:



- Purpose: find, recognize and describe risks that might prevent an organization achieving its objectives.
- Relevant, appropriate and up-to-date information

#### Risk identification



#### Risk analysis

## Risk Analysis:

Risk Rating= severity ×likelihood × Frequency

Or

Risk rating= severity ×likelihood



#### Risk Matrix

#### Quantitative Likelihood Has occurred on an annual basis in this organization in the past or circumstances are in the train that will cause it to happen Has occurred in the last few years in this organization or has occurred recently in other similar organizations or circumstances have occurred that will cause it to happen in the near few years Has occurred at least once in the history of this organization or is considered to have a 5% chance of occurring in the near few years

Has never occurred in this organization but has occurred infrequently in other similar organizations or is considered to have a 1% chance of occurring in the next few years

Likelihood

Is possible but has not occurred to date in any similar organization and is considered to have very much less than a 1% chance of occurring in the next few years

ı	-							
	People	Minor skills impact	Minor impact to capability	Unavailabil ity of core skills affecting services	Unavailab ility of critical skills or personnel	Protracted unavailabili ty of critical skills /people		
		Minor injury or first aid treatment	Injury requiring treatment by medical practitioner	Major injury/ hospitalizat ion	Single death and or multiple major injuries	Multiple deaths		
		Insignificant	Negligible 2	Moderate 3	Extensive 4	Significan		
	Almost Certain							
	Likely 4							
	Possible 3							
	Unlikely 2							
	Rare 1							

### **Measuring the Acceptability of the Risks**

	Insignificant	Negligible	legligible Moderate Extensive Significa			
Almost Certain 5	5	10	15	20	Significant 5 25	
Likely 4	4	. 8	12	16	20	
Possible 3	3	6	; <b>9</b>	12	15	
Unlikely 2	2	4	6	8	10	
Rare 1	1	2	3	4	5	

Acceptable
Medium
High

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# Examples of risky activities in the lab (the photo is fake)



	Insignificant	Negligible	Moderate	Extensive	Significant
Almost Certain 5	-			4	-
Likely 4					
Possible 3					
Unlikely 2			6		
Rare 1					

### **Measuring the Acceptability of the Risks**

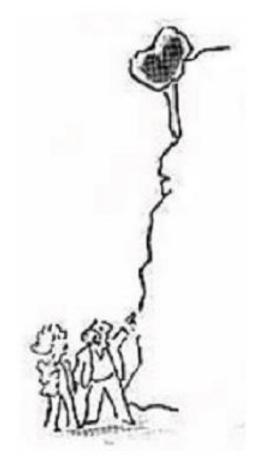
	Insignificant	Negligible	Moderate	Moderate Extensive Si		
Almost Certain 5	5	10	3 . 15	20	Significant 5 25	
Likely 4	4	. 8	12	16	<sup>-</sup> 20	
Possible 3	3	6	9	12	15	
Unlikely 2	2	4	6	8	10	
Rare 1	1	2	3	4	5	

Acceptable
Medium
High

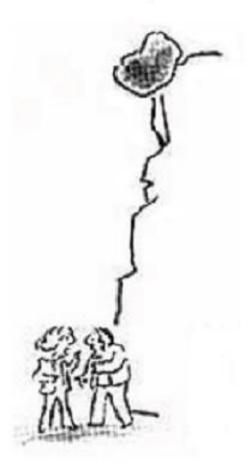
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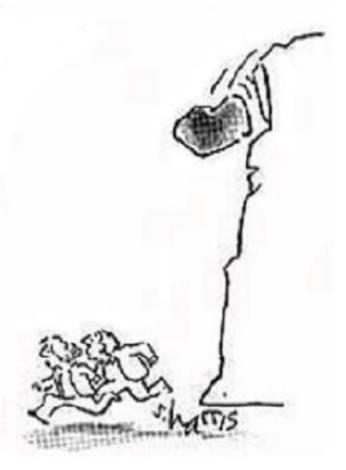
Risk identification



Risk analysis

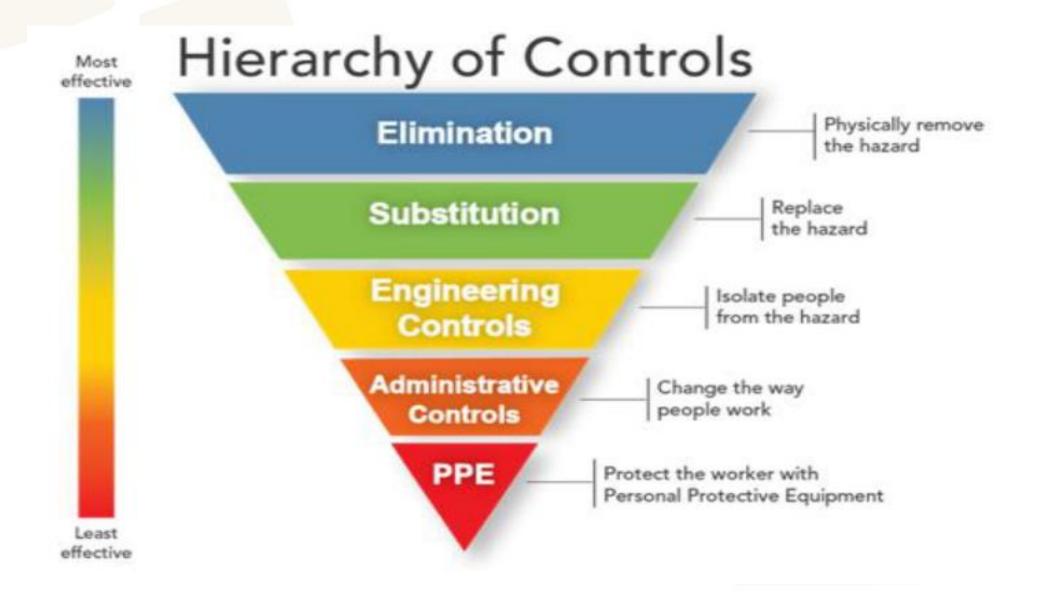


Risk treatment





### Risk treatment





## Examples of Risk Treatment: control or minimize



## Examples of Risk Treatment: control or minimize





What risk treatment actions has been done in second photo?

### Risk assessment template: Determine hazards and evaluate risks

What are the hazards?	Who might be harmed and how?	already doing	What further action do you need to take to control the risks?	to carry out	Done
					© Mike Baldwir

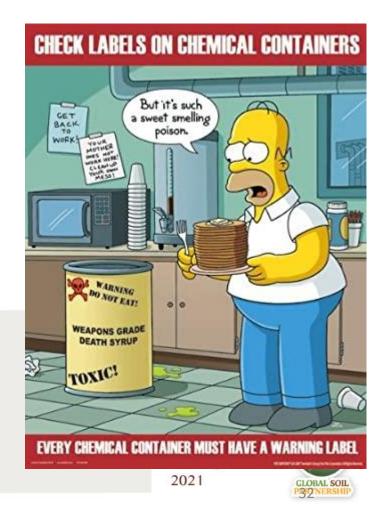
- Do it with your colleagues
- Agree it with your supervisor



- 1. Recognize the Hazards
- 2. Assess the Risks of the Hazards

3. Minimize or control the Risks of the Hazards

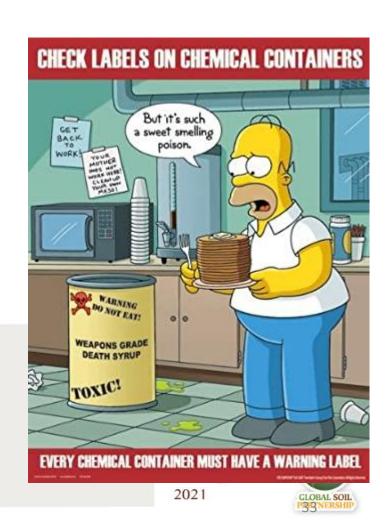
Use the safe practices



#### Use the safe practices

 Know details and location of the vital laboratory information.

 Labeling: It is important to know as much about a chemical as possible.



Protecting yourself and your colleagues



### Protecting yourself and your colleagues

- Proper use of safety equipment (ex:fumehood)
- Proper use of Personal Protective Equipment (PPE)

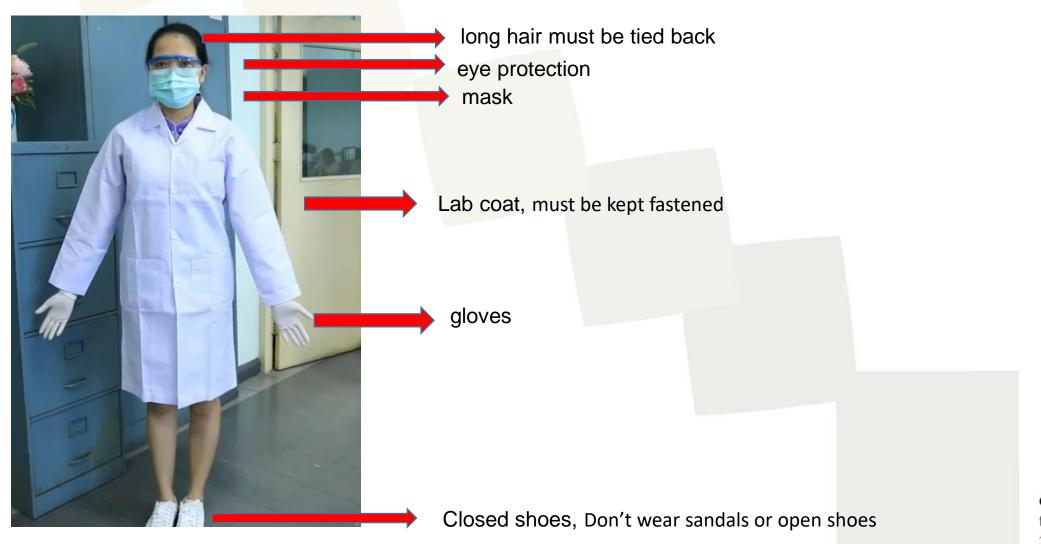


When using the safety device, remember to also use the proper personal protective equipment.



# 3. Minimize (or control) the risks of the hazards Personal Protective Equipment (PPE)

# 3. Minimize (or control) the risks of the hazards Personal Protective Equipment (PPE)



### 3. Minimize (or control) the risks of the hazards Personal Protective Equipment (PPE)



the clothing Wear and protective wear identified in your risk assessment

Knowing "what to use and when to use" is the key to properly protecting yourself.

Closed shoes, Don't wear sandals or open shoes



# 3. Minimize (or control) the risks of the hazards Personal Protective Equipment (PPE)

			,
Glove material	Intended use	Advantages and disadvantages	Example Photos
Latex (natural rubber)	Incidental contact	<ul> <li>Good for biological and water-based materials.</li> <li>Poor for organic solvents.</li> <li>Little chemical protection.</li> <li>Hard to detect puncture holes.</li> <li>Can cause or trigger latex allergies</li> </ul>	A Proposition
Nitrile	Incidental contact (disposable exam glove) Extended contact (thicker reusable glove)	<ul> <li>Excellent general use glove. Good for solvents, oils, greases, and some acids and bases.</li> <li>Clear indication of tears and breaks.</li> <li>Good alternative for those with latex allergies.</li> </ul>	
Polyvinyl chloride (PVC)	Specific use	<ul> <li>Good for acids, bases, oils, fats, peroxides, and amines.</li> <li>Good resistance to abrasions.</li> <li>Poor for most organic solvents.</li> </ul>	

Example: gloves

There are many different types of protective glove

Use the correct ones for the job you will be doing : CHEMICAL COMPATIBILITY

Remove your gloves before using instruments, telephone, and leaving the laboratory

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### 3. Minimize (or control) the risks of the hazards

### Safety Equipment

Fume hoods

#### Use Properly:

- keep sashes down
- don't store flammable liquids, equipment in hood
- limit traffic behind you





# 3. Minimize (or control) the risks of the hazards Safety Equipment

Fume hoods

Canopy and snorkel fume extraction





It is important to know when this equipment is to be used and how to properly use it.

# 3. Minimize (or control) the risks of the hazards Safety Equipment



#### **Chemical Storage**

- Ensure that all chemicals are stored according to compatibility. Acids are incompatible with bases, flammable solvents, oxidizers
- Water reactive materials should be stored separately
- All chemical products must be dated when opened



# 3. Minimize (or control) the risks of the hazards Safety Equipment



### **Chemical Storage**

- The storage area and cabinets should be labeled to identify the hazardous nature of the products stored within.
- Food containers MUST NEVER BE USED for chemical storage.





Spark from pressure gauge caused University of Hawaii explosion: Postdoc, who lost an arm in the incident, was using a gauge not specified for work with flammable



https://cen.acs.org/articles/94/web/2016/04/Spark-pressu



# 3. Minimize (or control) the risks of the hazards Signs and labeling



 Signs are a way of communicating important information. It is a way to heighten awareness about hazards that exist.



• The label should describe what the content is and also any precautions.



Escherichia coli
Precautions:

Must use Eye protection, lab coat, gloves
Only use under BSC

# 3. Minimize (or control) the risks of the hazards Know the properties of chemicals and biological agents before you use or transport them

- Toxicity
- Flammability
- Reactivity/Incompatibilities
- Corrosive
- Unstable
- Radioactive
- •

# 3. Minimize (or control) the risks of the hazards Know the properties of chemicals and biological agents before you use or transport them

- Toxicity
- Flammability
- Reactivity/Incompatibilities
- Corrosive
- Unstable
- Radioactive
- •

#### Where you find this information?

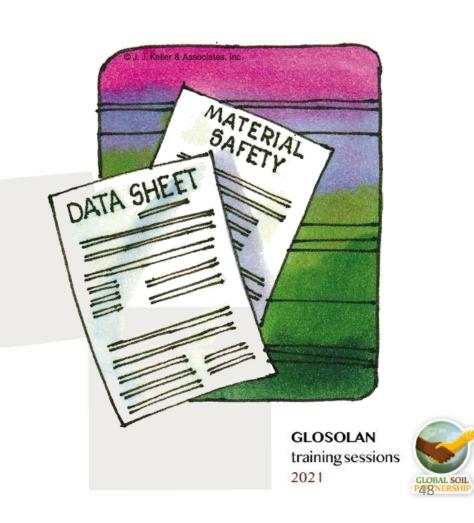


# 3. Minimize (or control) the risks of the hazards MSDS: Material Safety Data Sheets

#### MSDS provide you with the following:

- Chemical and Physical properties
- Toxicity Information
- Computability/Incompatibility
- Appropriate spill and fire response
- Information needed for first aid

- ...



### 3. Minimize (or control) the risks of the hazards **Example: MSDS for potassium Dichromate**

Sigma-Aldrich

SAFETY DATA SHEET according to Regulation (EC) No. 1907/2006

Revision Date 14.07.2021 GENERIC EU MSDS - NO COUNTRY SPECIFIC DATA - NO OEL DATA

SECTION 1: Identification of the substance/mixture and of the company/undertaking

1.1 Product identifiers

Product name Potassium dichromate solution

Product Number Katayama Brand

REACH No

1.2 Relevant identified uses of the substance or mixture and uses advised against

Identified uses Scientific research and development

1.3 Details of the supplier of the safety data sheet

: Sigma-Aldrich Pte Ltd Company

(Co. Registration No. 199403788W) 1 Science Park Road

#02-14 The Capricorn, S'pore Sci. PkII

SINGAPORE 117528 SINGAPORE

+65 6779-1200 Telephone

Fax +65 6779-1822

1.4 Emergency telephone

Emergency Phone # : 1-800-262-8200

SCTION 2: Hazards identification

2.1 Classification of the substance or mixture

Classification according to Regulation (EC) No 1272/2008

Germ cell mutagenicity (Category 1B), H340 Carcinogenicity (Category 1B), H350 Reproductive toxicity (Category 1B), H360FD Long-term (chronic) aquatic hazard (Category 3), H412

For the full text of the H-Statements mentioned in this Section, see Section 16.

2.2 Label elements

Labelling according Regulation (EC) No 1272/2008 Pictogram

Signal word

The life science business of Merck operates as MilliporeSigma in the US and Canada



Hazard statement(s)

May cause genetic defects H350 May cause cancer.

H360FD May damage fertility. May damage the unborn child H412

Harmful to aquatic life with long lasting effects.

Precautionary statement(s)

P201 Obtain special instructions before use. P202 Do not handle until all safety precautions have been read and

P273 Avoid release to the environment.

P280 Wear protective gloves/ protective clothing/ eye protection/ face

protection/ hearing protection. P308 + P313 IF exposed or concerned: Get medical advice/ attention.

P405 Store locked up.

Supplemental Hazard

Contains: potassium dichromate. May produce an allergic reaction.

Restricted to professional users.

Reduced Labeling (<= 125 ml)

Pictogram

Signal word Danger

Hazard statement(s)

H340 May cause genetic defects.

H350 May cause cancer.

H412 Harmful to aquatic life with long lasting effects. H360FD May damage fertility. May damage the unborn child.

Precautionary statement(s)

Obtain special instructions before use.

P202 Do not handle until all safety precautions have been read and

understood.

P280 Wear protective gloves/ protective clothing/ eye protection/ face

protection/ hearing protection.

IF exposed or concerned: Get medical advice/ attention. P308 + P313

P405 Store locked up.

Supplemental Hazard Statements

This substance/mixture contains no components considered to be either persistent, bioaccumulative and toxic (PBT), or very persistent and very bioaccumulative (vPvB) at

levels of 0.1% or higher.

SECTION 3: Composition/information on ingredients

3.2 Mixtures

Formula Molecular weight : 294.18 g/mol

The life science business of Merck operates as MilliporeSigma in



Component		Classification	Concentration			
potassium dichromate Included in the Candidate List of Substances of Very High Concern (SVHC) according to Regulation (EC) No. 1907/2006 (REACH)						
CAS-No. EC-No. Index-No. Registration number	7778-50-9 231-906-6 024-002-00-6 01-2119454792-32- XXXX	Ox. Sol. 2; Acute Tox. 3; Acute Tox. 2; Acute Tox. 4; Skin Corr. 1B; Eye Dam. 1; Resp. Sens. 1; Skin Sens. 1; Muta. 1B; Carc. 1B; Repr. 1B; STOT SE 3; STOT RE 1; Aquatic Acute 1; Aquatic Chronic 1; H272, H301, H330, H312, H314, H318, H334, H317, H340, H350, H360FD, H355, H372, H400, H410 Concentration limits: >= 5 %: STOT SE 3, H335; M-Factor - Aquatic Acute: 10 - Aquatic Acute: 10 - Aquatic Chronic: 1	>= 0.3 - < 1			

For the full text of the H-Statements mentioned in this Section, see Section 16.

#### SECTION 4: First aid measures

#### 4.1 Description of first-aid measures

Consult a physician. Show this material safety data sheet to the doctor in attendance.

If breathed in, move person into fresh air. If not breathing, give artificial respiration. Consult a physician.

#### In case of skin contact

Wash off with soap and plenty of water. Consult a physician.

#### In case of eye contact

Never give anything by mouth to an unconscious person. Rinse mouth with water. Consult

#### 4.2 Most important symptoms and effects, both acute and delayed

The most important known symptoms and effects are described in the labelling (see section 2.2) and/or in section 11

#### 4.3 Indication of any immediate medical attention and special treatment needed No data available

The life science business of Merck operates as MilliporeSigma in the US and Canada



### 3. Minimize (or control) the risks of the hazards

### Waste Management



Hazardous and biohazardous waste has special guidelines for proper disposal. It is important to properly dispose of waste to ensure human and environmental health.

Waste can be classified as either hazardous or biohazardous.

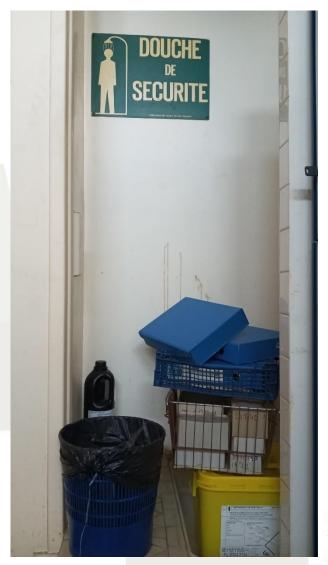


Dispose of all waste (hazardous, chemical and biological waste) properly and according to instructions

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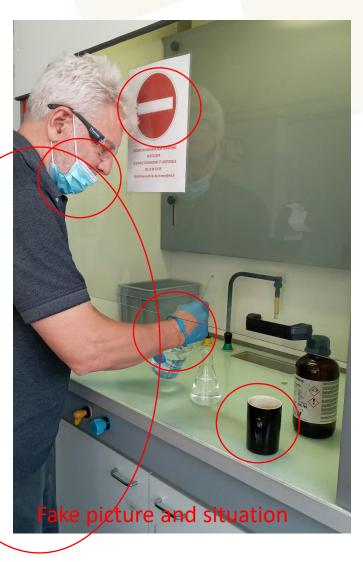












### 3. Minimize (or control) the risks of the hazards

### Laboratory hygiene

- Keep your workplace tidy
- Clear up waste, deal with washing up and put things away as you finish with them
- Make sure everything is safe before you leave things unattended

A Cluttered Lab is a Dangerous Lab! Keep your lab clean!



https://lab-training.com/2015/12/05/laboratory-accidents-prevention-your-top-priority/



https://www.greelane.com/fr/science-technologie-math%C3%A9matiques/science/important-lab-safety-rules-608156/

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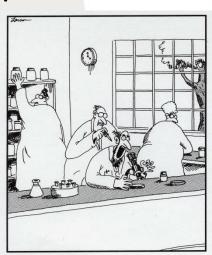


### 3. Minimize (or control) the risks of the hazards

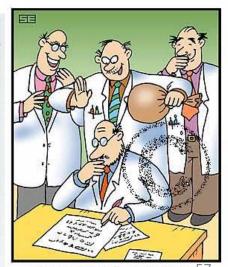
### Laboratory hygiene

- Never eat, drink or smoke in a laboratory
- Never apply cosmetics
- Never touch your face, mouth or eyes
- Never suck pens or chew pencils
- Never use cell phones and/or earbuds/headphones
- Never Engage in practical jokes





Professor Glickman, the lab practical joker, deftly places a single drop of hydrochloric acid on the back of Professor Bingham's neck.



The favourite practical joke amongst 57



# Risks can be reduced by taking measures to minimize or control the hazard.

- 1. Recognize the Hazards
- 2. Assess the Risks of the Hazards

- 3. Minimize the Risks of the Hazards
- 4. Prepare for Emergencies from Uncontrolled Hazards



## 4. Prepare for Emergencies from Uncontrolled Hazards

What to do???

The best measure to take in order to protect yourself and your colleagues is to be prepared. There should be Standard Operating Procedures (SOP) for this type of situation in your lab.

- Recommended Safety Equipment
- Exits and Emergency Drills
- Emergency Response



## 4. Prepare for Emergencies from Uncontrolled Hazards

In case of an emergency...





#### Know the locations of:

- fire extinguisher
- fire blanket
- body shower
- eyewash station
- first aid kit









**Know Your Surroundings** 

4. Prepare for Emergencies from Uncontrolled Hazards

### **Special Considerations**

- Fires
- Spills
- Gas cylinders
- Electrical equipment





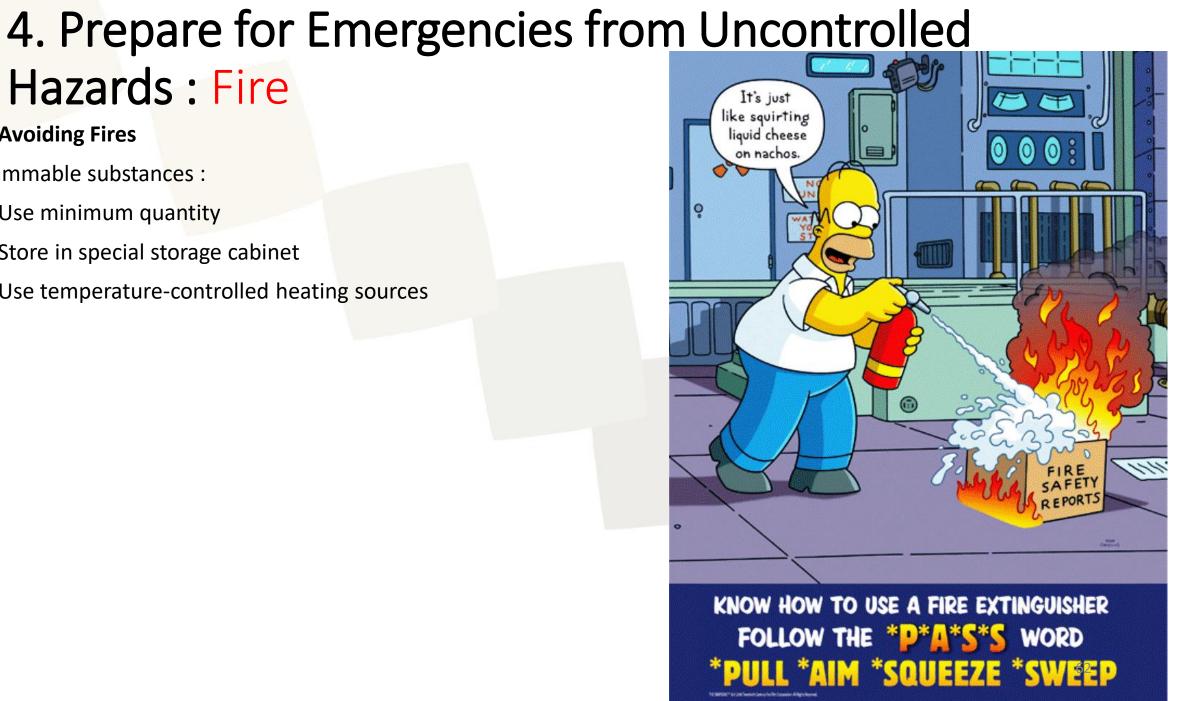




#### 1. Avoiding Fires

#### Flammable substances:

- Use minimum quantity
- Store in special storage cabinet
- Use temperature-controlled heating sources





Hazards: Fire

#### 1. Avoiding Fires

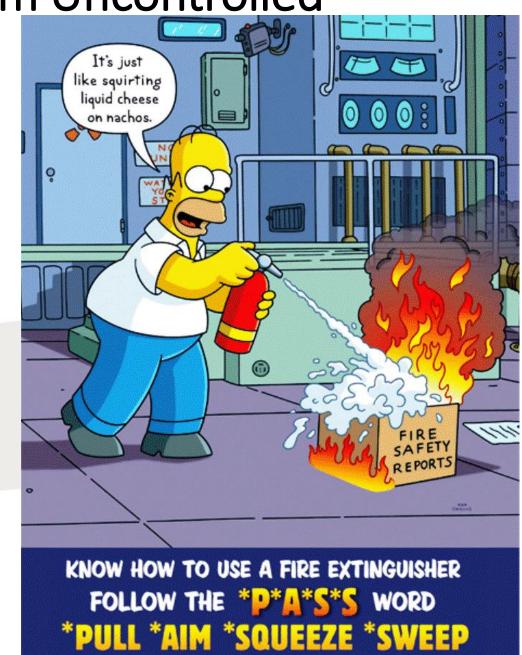
Flammable substances:

- Use minimum quantity
- Store in special storage cabinet
- Use temperature-controlled heating sources

#### 2. Fire Safety

Make sure that you know what to do:

- If you have a fire
- If you hear a fire alarm
- A member of staff must attend fire training annually





Hazards: Fire

#### 1. Avoiding Fires

Flammable substances:

- Use minimum quantity
- Store in special storage cabinet
- Use temperature-controlled heating sources

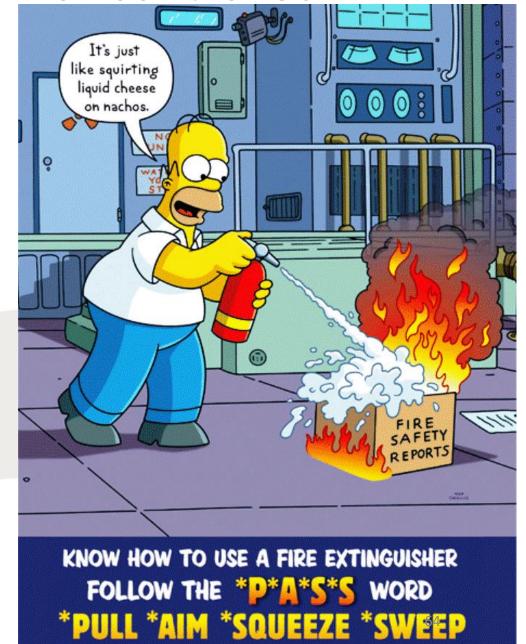
#### 2. Fire Safety

Make sure that you know what to do:

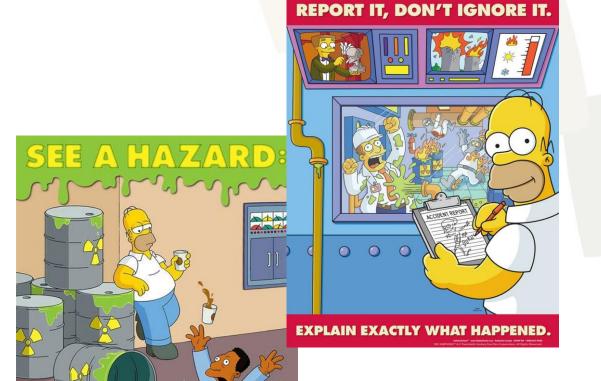
- If you have a fire
- If you hear a fire alarm
- A member of staff must attend fire training annually

#### 3. Emergency Response

- If your clothing catches on fire, drop and roll to put out the flames
- Immediately notify your supervisor of the incident and report it



# 4. Prepare for Emergencies from Uncontrolled Hazards Report it!!!



When a accident occurs, it must be recorded in the lab register. The main purpose of the register is to track an exposure in case of future illness/injury, and report it to your supervisor.



#### Last, not Least......

### Create a Laboratory Safety Manual



Writing a clear and concise policy regarding all lab rules and best practices

New staff members read the manual and ask that they sign it



### Thank you

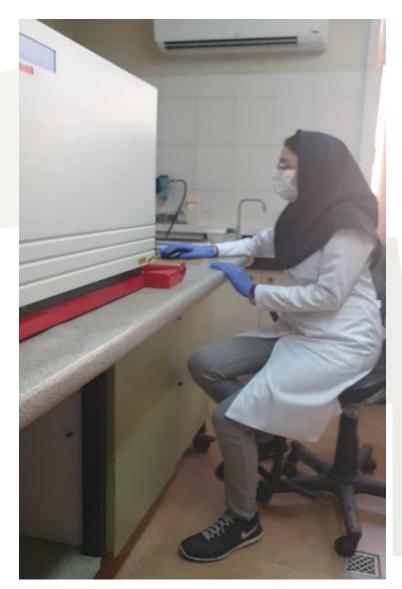


"They hate it when you carry the testtubes that way."





# Exercices for Quantifying Risk Assessment in the Laboratory (All the photos are fake)









#### Quantitative Likelihood

Has occurred on an annual basis in this organization in the past or circumstances are in the train that will cause it to happen

Has occurred in the last few years in this organization or has occurred recently in other similar organizations or circumstances have occurred that will cause it to happen in the near few years

Has occurred at least once in the history of this organization or is considered to have a 5% chance of occurring in the near few years

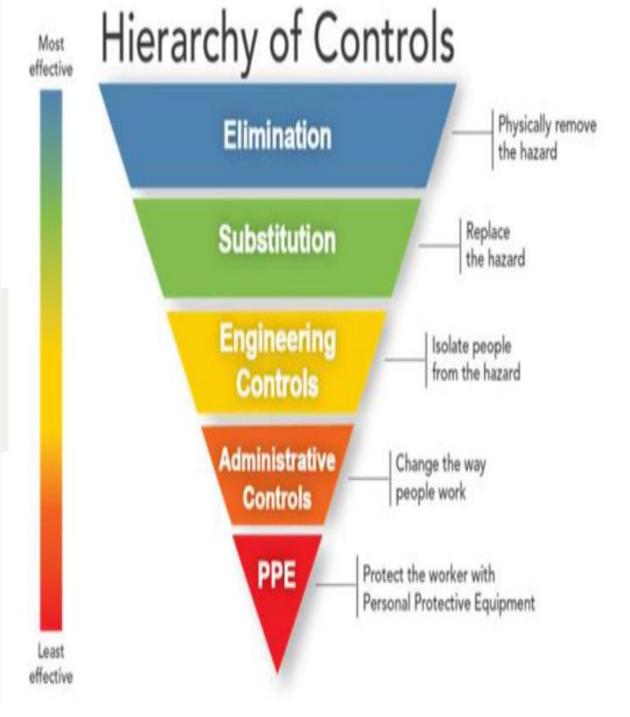
Likelihood

Has never occurred in this organization but has occurred infrequently in other similar organizations or is considered to have a 1% chance of occurring in the next few years

Is possible but has not occurred to date in any similar organization and is considered to have very much less than a 1% chance of occurring in the next few years

		conse	quences —		
People	Minor skills impact	Minor impact to capability	Unavailabil ity of core skills affecting services	Unavailab ility of critical skills or personnel	Protracted unavailabili ty of critical skills /people
	Minor injury or first aid treatment	Injury requiring treatment by medical practitioner	Major injury/ hospitalizat ion	Single death and or multiple major injuries	Multiple deaths
	Insignificant	Negligible	Moderate 3	Extensive 4	Significan
Almost Certain				_	
Likely 4					
Possible 3					
Unlikely 2					
Rare 1					

	Insignificant	Negligible	Moderate	Extensive	Significant
Almost Certain 5	5	10	, 15	20	25
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Rare 1	1	2	3	4	5





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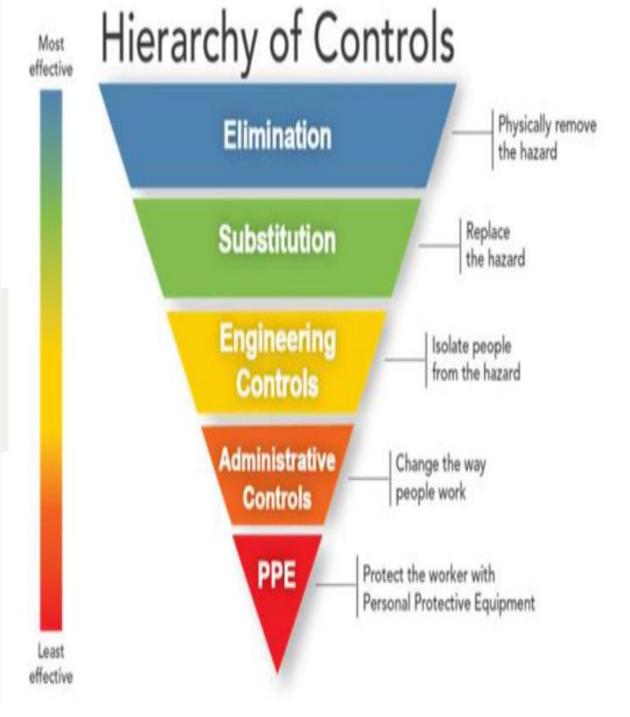
Has occurred at least once in the history of this organization or is considered to have a 5% chance of occurring in the near few years

Has never occurred in this organization but has occurred infrequently in other similar organizations or is considered to have a 1% chance of occurring in the next few years

Is possible but has not occurred to date in any similar organization and is considered to have very much less than a 1% chance of occurring in the next few years

consequences —							
	People	Minor skills impact  Minor injury or first aid treatment	Minor impact to capability  Injury requiring treatment by medical practitioner	Unavailabil ity of core skills affecting services  Major injury/ hospitalizat ion	Unavailab ility of critical skills or personnel  Single death and or multiple major injuries	Protracted unavailabili ty of critical skills /people Multiple deaths	
		Insignificant	Negligible	Moderate 3	Extensive 4	Significan	
	Almost Certain						
	Likely 4						
	Possible 3						
	Unlikely 2						
	Rare 1						

	Insignificant	Negligible	Moderate	Extensive	Significant
Almost Certain 5	5	10	, 15	20	25
Likely 4	4	8	12	16	20
Possible 3	3	6	9	12	15
Unlikely 2	2	4	6	8	10
Rare 1	1	2	3	4	5





#### Quantitative Likelihood

Has occurred on an annual basis in this organization in the past or circumstances are in the train that will cause it to happen

Has occurred in the last few years in this organization or has occurred recently in other similar organizations or circumstances have occurred that will cause it to happen in the near few years

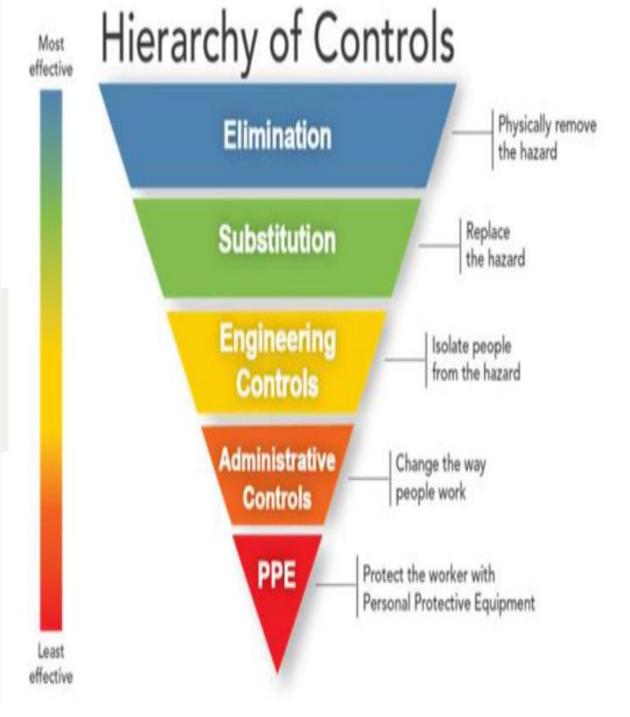
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			quences —		
D1-	Minor skills impact	Minor impact to capability	Unavailabil ity of core skills affecting services	Unavailab ility of critical skills or personnel	Protracted unavailabili ty of critical skills /people
People	Minor injury or first aid treatment	Injury requiring treatment by medical practitioner	Major injury/ hospitalizat ion	Single death and or multiple major injuries	Multiple deaths
	Insignificant	Negligible 2	Moderate 3	Extensive 4	Significan
Almost Certain	_				
Likely 4					
Possible 3					
Unlikely 2					
Rare 1					
	Likely 4 Possible 3 Unlikely 2	People  Minor injury or first aid treatment  Insignificant  Certain  Likely 4  Possible 3  Unlikely 2	People  Minor skills impact to capability  Minor impact to capability  Minor impact to capability  Injury requiring treatment by medical practitioner  Insignificant  Almost Certain  Likely 4  Possible 3  Unlikely 2	People  Minor injury or first aid treatment  Insignificant  Likely  4  Possible  3  Unlikely  2  Mimor impact to capability  Impact	People  Minor skills impact to capability  Minor impact to capability  Minor skills impact to capability  Minor skills affecting services  Minor injury or first aid treatment by medical practitioner  Insignificant  Negligible  Moderate 3  Extensive  Likely  4  Possible  3  Unilikely  2

	Insignificant	Negligible	Moderate	Extensive	Significant
Almost Certain 5	5	10	, 15	20	25
Likely 4	4	8	12	16	20
Possible 3	3	6	9	12	15
Unlikely 2	2	4	6	8	10
Rare 1	1	2	3	4	5



What are the hazards?

Who might be harmed and how?

What are you already doing to control the risks?

What further action do you need to take to control the risks?

Who needs to carry out the action?

When is the action needed by?

Done





