

**Table 5. Amino acid composition of striped catfish.**

<b>Amino acid</b>	<b>g/100 g</b>
<b><i>Essential amino acid</i></b>	
Argine	4.97
Histidine	0.90
Isoleucine	3.38
Leucine	6.17
Lysine	6.55
Methionine	1.53
Phenylalanine	3.59
Threonine	3.42
Tryptophan	0.59
Valine	3.75
<b><i>Nonessential amino acid</i></b>	
Alanine	4.34
Aspartic	7.73
Glutamic	12.50
Glycine	3.08
Proline	4.85
Serine	3.00
Tyrosine	2.53

Source: Tran Thi Thanh Hien (2010).