



LIFE19 ENV/FR/00086

# AIRFRESH

Air pollution removal by urban forests for a better human well-being

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XIII Workshop of the SILVA MEDITERRANEA  
Working Group on Urban and Peri-urban forestry - 28 April 2021



Italian national agency for new technologies,  
energy and sustainable economic development

# Project information

**Partners:** ARGANS (FR), AIR-Climat (FR), ENEA (IT), IRET-CNR (IT)  
**Coordinator:** Pierre Sicard, ARGANS  
**Technical support:** cities of Aix-en-Provence & Florence (+ conurbations)



**Expected start date:** September 1<sup>st</sup>, 2020  
**Expected end date:** 1<sup>st</sup> March 2025

**Total budget:** €1.22 million



**Website:** [www.life-airfresh.eu](http://www.life-airfresh.eu)

**Facebook:** life.airfresh

**Twitter:** @airfresh19



Italian national agency for new technologies,  
energy and sustainable economic development

# Project maturity: Starting, Developing & Maturing

2013

Reduction of NO<sub>x</sub> emissions in Europe (e.g., road traffic) => **O<sub>3</sub> levels increase in cities & decrease in rural areas.**

2016

Ozone is becoming a major **health issue** in cities at European & global scale.

2018

**Urban trees** – Effective solution to reduce rising ozone levels.

2019

Summer: heat waves & air pollution peaks in EU => **planting strategies:** Milan, Region Sud...

11/2019

**UNECE Clean Air in Cities:** few municipalities planted any tree species anywhere => air quality degraded => **city planners urgently need a suitable selection of tree species.**

2020

05/2020

**AIRFRESH funded: a demonstrative & timely project**

EU Biodiversity Strategy 2030 & COVID-19 => Urban Greening Plans & 3 billion trees by 2030 in EU.



Effects of the COVID-19 pandemic on the use and perceptions of urban green space: An international exploratory study

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Brussels, 20.5.2020  
COM(2020) 380 final

COMMUNICATION FROM THE COMMISSION TO THE EUROPEAN PARLIAMENT, THE COUNCIL, THE EUROPEAN ECONOMIC AND SOCIAL COMMITTEE AND THE COMMITTEE OF THE REGIONS

EU Biodiversity Strategy for 2030

Bringing nature back into our lives

# Main challenges – Greener cities

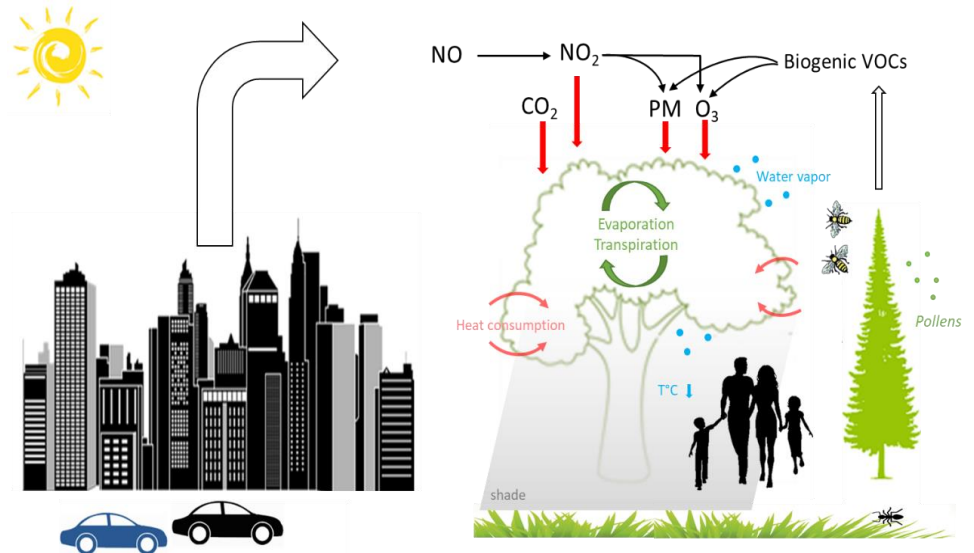
Air pollution & urban heat island: **2 major issues** of public health affecting cities, with **> 500,000 premature deaths** in EU.

Urban reforestation & peri-urban reforestation => **meet clean air standards** in cities.

**Win-win solutions** for citizens: reduction of air pollution, carbon sequestration, air temperature regulation, noise reduction, social and aesthetic benefits...



Example of “Greening cities” (Green path in Nice, France)

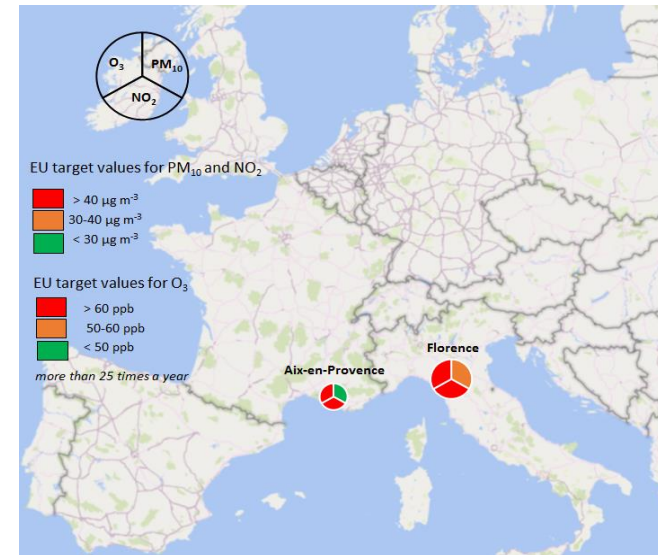


# Two front runner cities

**Aix-en-Provence** (143,000 people) & **Florence** (380,000 people): human exposure regularly exceeds the WHO protection limits ( $PM_{10}$ ,  $NO_2$ ,  $O_3$ ) & affected by climate change.

- **Ozone:** + 0,24 ppb year<sup>-1</sup> over the time period 2009-2018.
- **Air temperature:** + 1,9-4,6 °C by 2100.
- Heat wave 2019: + 3,5 °C in Aix compared to peri-urban area.

In 2019, **73 & 167 premature deaths** and **309 and 700 hospital admissions** for cardiovascular & respiratory diseases due to AP in Aix & Florence.



Environmental Science and Pollution Research  
<https://doi.org/10.1007/s11356-019-06445-8>

SHORT RESEARCH AND DISCUSSION ARTICLE

Effect of  $O_3$ ,  $PM_{10}$  and  $PM_{2.5}$  on cardiovascular and respiratory diseases in cities of France, Iran and Italy

Pierre Sicard<sup>1</sup> · Yusef Omid Khaniabadi<sup>2</sup> · Sandra Perez<sup>3</sup> · Maurizio Gualtieri<sup>4</sup> · Alessandra De Marco<sup>4</sup>

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To efficiently reduce AP in cities, municipalities & city planners need a **quantitative & concrete** assessment of the role of urban trees in affecting air quality and a **suitable selection** of tree species.

**For the first time, AIRFRESH aims to:**

- Quantify\* the **air pollution removal by urban forests** in both cities/conurbations.

*\* based on in-situ data*

- Quantify\* the **environmental & health benefits** provided by a new reforested test area.

*\* based on in-situ data*

- Propose **recommendations for reforestation policies** (e.g., number and type of tree species to be planted) for attainment of the air quality standards.



# Key actions

Tree level

**New Urban Forest Areas:** tree species selection, planting, maintenance and data collection.

City level

**Estimation & mapping of ES at city scale:** AP deposition will be simulated by present forests and test areas.

Conurbation level

**Scaling-up & replication:** approach scaled-up at conurbation level. Transfer/replication of solutions in **follower cities**.

**Assessment of benefits & Knowledge transfer** to city planners.



# New Forest Areas

## Planting, maintenance & data collection

**Proper tree selection**: which plant species are more suitable to use, and which one should be avoided ?

**3 co-design workshops** were organized in Aix-en-Provence & Florence with representatives from both municipalities.

=> list of parameters and characteristics to be included for tree selection.





# New Forest Areas

## Planting, maintenance & data collection

### Suitable selection of plant species = Services vs. Disservices

- 1) **environmental** (e.g., effectiveness in removing air pollutants; CO<sub>2</sub> sequestration, release of biogenic VOCs leading to O<sub>3</sub> formation);
- 2) **social** (e.g., allergenic pollen);
- 3) **financial** (e.g., pruning).

This list will be discussed & released to the municipality in **June 2021**.

| Genus            | Species               | Net O3<br>(g/tree/day) | NO2<br>(g/tree/day) | PM10<br>(g/tree/day) | CO2 (t/year) | Genus            | Species               | Carbon stored | Pollen<br>allergenicity | Ozone<br>sensitivity | Drought<br>tolerance | P&D<br>tolerance |
|------------------|-----------------------|------------------------|---------------------|----------------------|--------------|------------------|-----------------------|---------------|-------------------------|----------------------|----------------------|------------------|
| <i>Abies</i>     | <i>alba</i>           | 0,794                  | 3,651               | 8,353                | 0,1095       | <i>Abies</i>     | <i>alba</i>           | 1             | 2                       | 3                    | 3                    | 3                |
| <i>Abutilon</i>  | <i>spp.</i>           | na                     | 0,021               | 0,000                | 0,0033       | <i>Abutilon</i>  | <i>spp.</i>           |               |                         |                      |                      |                  |
| <i>Acacia</i>    | <i>dealbata</i>       | 1,514                  | 1,570               | 0,851                | 0,004        | <i>Acacia</i>    | <i>dealbata</i>       | 0             |                         |                      |                      |                  |
| <i>Acacia</i>    | <i>sp.</i>            |                        |                     |                      |              | <i>Acacia</i>    | <i>sp.</i>            | 0             | 2                       | 3                    | 3                    | 2                |
| <i>Acer</i>      | <i>campestre</i>      | 4,212                  | 4,016               | 0,326                | 0,0282       | <i>Acer</i>      | <i>campestre</i>      |               | 1                       | 3                    | 3                    | 2                |
| <i>Acer</i>      | <i>japonicum</i>      | na                     | 0,560               | 0,035                | 0,001        | <i>Acer</i>      | <i>japonicum</i>      |               |                         |                      |                      |                  |
| <i>Acer</i>      | <i>monspessulanum</i> | na                     | 2,040               | 0,147                | 0,0003       | <i>Acer</i>      | <i>monspessulanum</i> |               |                         |                      |                      |                  |
| <i>Acer</i>      | <i>negundo</i>        | 9,232                  | 9,274               | 0,884                | 0,0871       | <i>Acer</i>      | <i>negundo</i>        | 1             | 1                       | 2                    | 3                    | 1                |
| <i>Acer</i>      | <i>platanoides</i>    | 26,040                 | 24,355              | 2,580                | 0,0805       | <i>Acer</i>      | <i>platanoides</i>    | 4             | 2                       | 2                    | 2                    | 3                |
| <i>Acer</i>      | <i>pseudoplatanus</i> | 26,124                 | 24,355              | 2,580                | 0,0935       | <i>Acer</i>      | <i>pseudoplatanus</i> | 3             | 2                       | 2                    | 2                    | 1                |
| <i>Acer</i>      | <i>rubrum</i>         |                        |                     |                      |              | <i>Acer</i>      | <i>rubrum</i>         |               | 1                       | 1                    | 2                    | 3                |
| <i>Actinidia</i> | <i>spp.</i>           |                        |                     |                      |              | <i>Actinidia</i> | <i>spp.</i>           |               |                         |                      |                      |                  |
| <i>Aesculus</i>  | <i>hippocastanum</i>  | 26,899                 | 22,474              | 0,914                | 0,1223       | <i>Aesculus</i>  | <i>hippocastanum</i>  |               | 2                       | 1                    | 2                    | 1                |
| <i>Ailanthus</i> | <i>altissima</i>      | 8,652                  | 8,614               | 0,380                | 0,019        | <i>Ailanthus</i> | <i>altissima</i>      | 1             | 2                       | 1                    | 3                    | 3                |
|                  |                       |                        |                     |                      |              | <i>Albizia</i>   | <i>julibrissin</i>    | 1             | 3                       |                      |                      |                  |
|                  |                       |                        |                     |                      |              | <i>Alnus</i>     | <i>cordata</i>        | 3             | 1                       | 2                    | 2                    | 3                |
|                  |                       |                        |                     |                      |              | <i>Alnus</i>     | <i>glutinosa</i>      | 3             | 1                       | 3                    | 2                    | 3                |

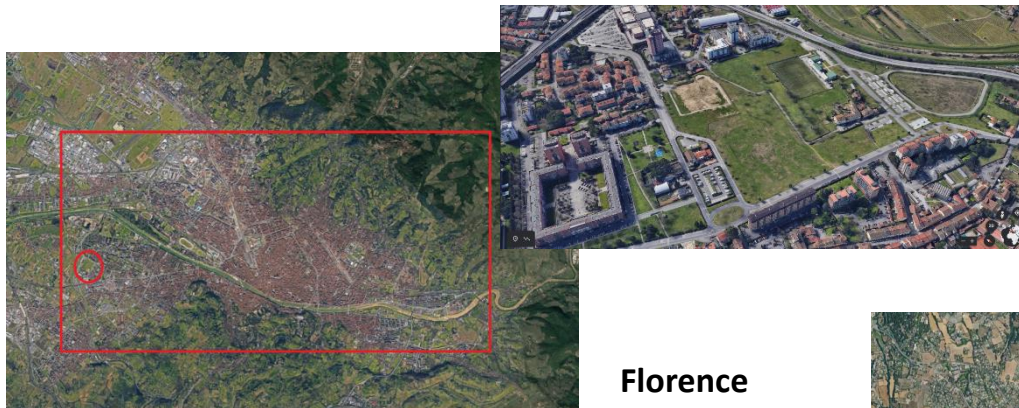
- 1 *Tilia cordata*
- 2 *Tilia platyphyllos*
- 3 *Aesculus hippoc.*
- 4 *Tilia x europaea*
- 5 *Quercus cerris*
- 6 *Cedrus libani*
- 7 *Carpinus betulus*
- 8 *Sophora japonica*
- 9 *Cedrus atlantica*
- 10 *Celtis australis*

# New Forest Areas

## Planting, maintenance & data collection

### Planting & maintenance (January - March 2022)

Based on the suitable tree species, at least **400 fast-growing trees** (mixed species, > 2 m tall) will be planted in both areas (spacing 5x5m, i.e., 1-ha).



# New Forest Areas

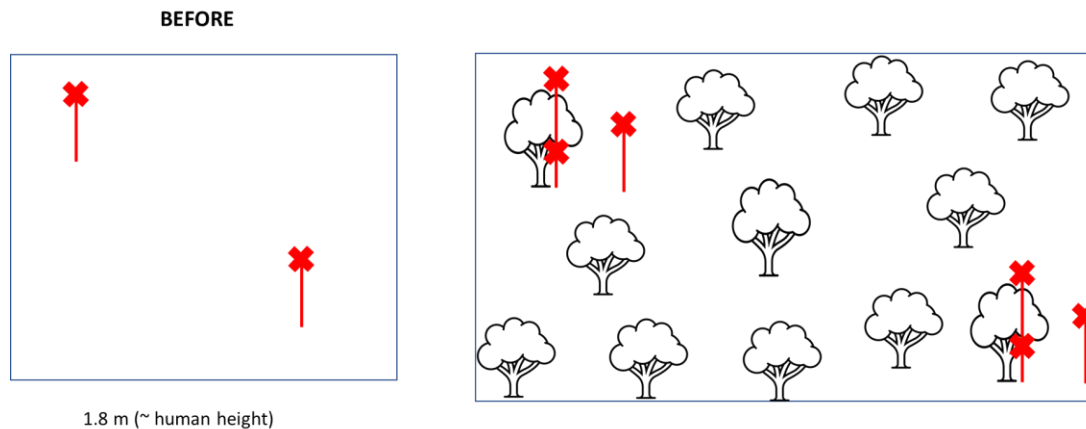
## Planting, maintenance & data collection

### Field campaigns to estimate the benefits

Direct contribution of both test areas in AP abatement ( $PM_{2.5}$ ,  $PM_{10}$ ,  $NO_2$ ,  $O_3$ , &  $CO_2$ ) will be evaluated by 4 x **10-day measurement campaigns** in & around the area, above & below the canopy, **before & after tree planting**.

**Air temperature & relative humidity** will be measured by sensors.

**Biodiversity** in soil environments - Environmental DNA - Micro- (bacteria, fungi) and macro-organisms (e.g., invertebrates, plants).



**AIRQINO**  
air aware

# Estimation and Mapping of ES at city scale

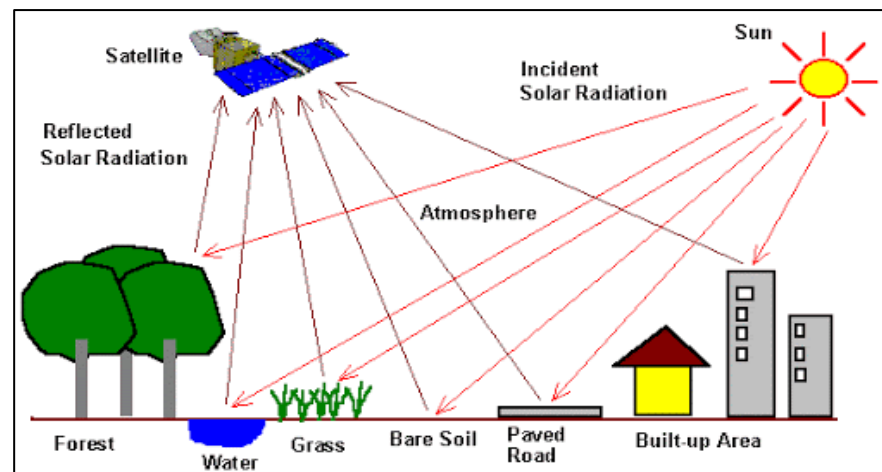
## Urban tree distribution & classification

Realistic & proper quantification = **consistent tree inventory** at city scale is needed.

Tree inventories of both cities = “public” trees i.e., 15-20% of the total number.

=> avoid a **large underestimation** of the AP removal capacity.

Since 2000, the new generation of satellites at **very high resolution** (e.g., WorldView-2, Pléiades) allows identifying individual tree crowns at fine scale.

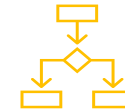


# Individual Urban Trees

## from Very High-Resolution Satellite Images

Geo-located UF characteristics from **Pleiades (50cm) & Worldview (30cm) images** by spectral & textural classification & tri-stereo.

- Step 1** Detection, location & tree species.
- Step 2** Structure variables: tree height, LAI, DBH, crown diameter.
- Step 3** Field campaigns vs. Remote Sensing (validation).
- Step 4** Quantification of AP removal capacity.



Mapping of tree species in Florence (28 tree species)

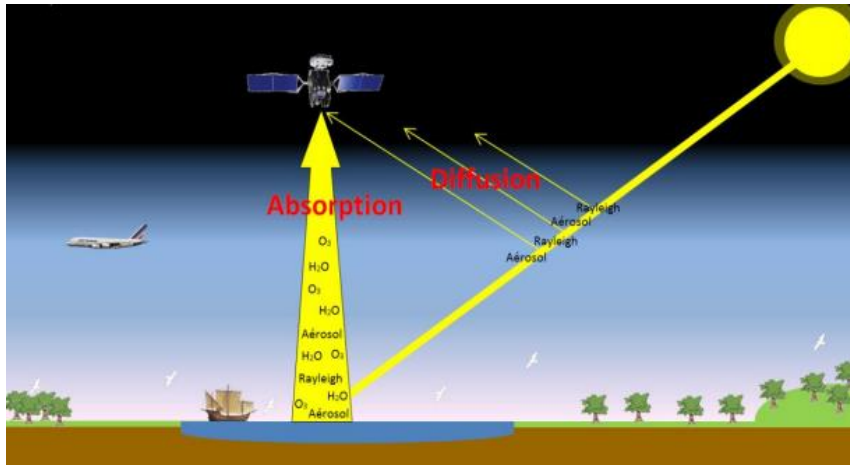
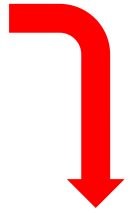


Mapping of canopy cover in Aix-en-Provence

# Detection & species classification



Bottom-of-atmosphere



Atmospheric correction



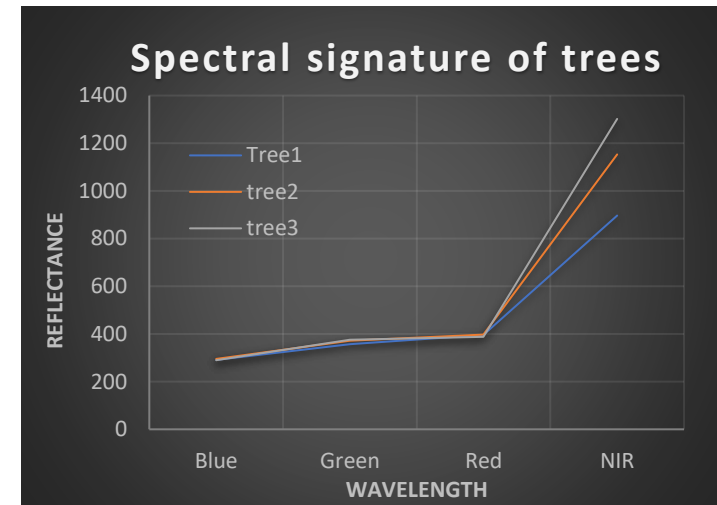
➤ Winter vs Summer or deciduous vs Evergreen



Summer



Winter



$$NDVI = \frac{NIR - R}{NIR + R}$$

### Outputs of NDVI classification (area in ha)

| Methodology              | Study area | Summer | Winter | Broadleaves |
|--------------------------|------------|--------|--------|-------------|
| Classification with NDVI | 7,200      | 3,511  | 2,949  | 562         |
| Bottalico et al. (2017)  | 10,200     | 1,064  |        | 700         |

# Tree species classification

| Species              | Acer campestre | Celtis    | Platanus  | Prunus Dome |
|----------------------|----------------|-----------|-----------|-------------|
| Genus                | acer           | celtis    | platanus  | prunusDo    |
| Leaves (yes=1, no=0) | 1              | 1         | 1         | 1           |
| Latitude $X_c$       | 677278,9       | 677914,6  | 679753,8  | 677041,9    |
| Longitude $Y_c$      | 4850918,2      | 4850305,2 | 4848830,6 | 4849551,9   |
| Mean                 | 442,4615       | 415,9213  | 540,7962  | 705,9059    |
| Standard deviation   | 117,64817      | 61,0721   | 140,2895  | 115,8303    |
| Dissimilarity        | 29,2504        | 19,7239   | 40,6051   | 31,9250     |
| Corrélation          | 0,933599       | 0,913626  | 0,926803  | 0,931319    |
| Energy               | 1789,4726      | 653,4891  | 2866,3472 | 1813,7250   |
| Contraste            | 0,045305       | 0,051043  | 0,030626  | 0,046020    |
| Homogeneity          | 0,028516       | 0,035455  | 0,031962  | 0,040805    |
| Second Order Moment  | 0,000813       | 0,001257  | 0,001021  | 0,001665    |
| NDVI                 | 0,726791       | 0,727576  | 0,562106  | 0,319009    |



# Tree species classification

## Mapping of main tree species in Florence (x 28 tree species)



| Espèces          |
|------------------|
| Acer             |
| Aesculus         |
| Cedrus           |
| Celtis           |
| Cupressus        |
| Ligustrum        |
| Magnolia         |
| Pinus halepensis |
| Pinus pinea      |
| Platanus         |
| Populus          |
| Prunus sp        |
| Prunus dome      |
| Quercus          |
| Robinia          |
| Thuja            |
| Tilia            |
| Ulmus            |

# Tree species classification

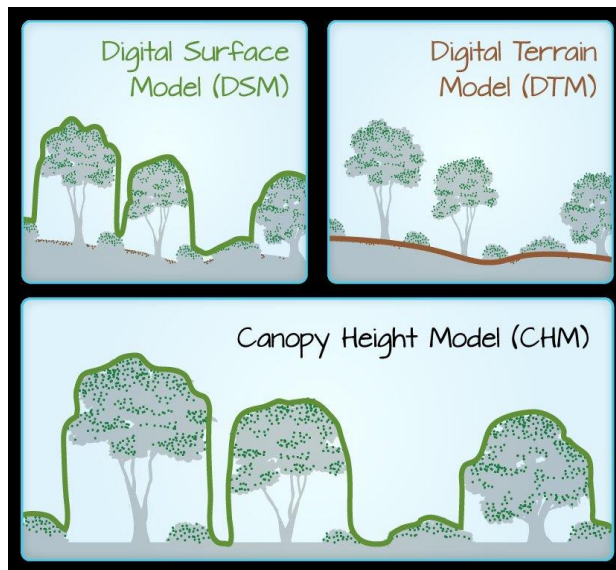
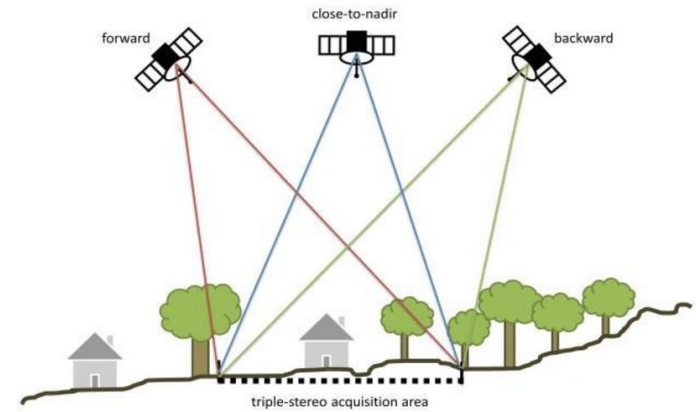
✓ Textural classification provides more information

| Methodology               | Textural<br>(this study) | Spectral<br>(this study) | Bottalico <i>et al.</i><br>(2017) | Public tree<br>inventory |
|---------------------------|--------------------------|--------------------------|-----------------------------------|--------------------------|
| Area of study (ha)        | 7200                     | 7200                     | 10200                             | -                        |
| Area of forest cover (ha) | 1080                     | 1080                     |                                   | 236,5                    |
| Number of trees           | 345 312                  |                          | -                                 | 75 672                   |
| Deciduous                 | 651,65                   | 562                      | 580,0                             | 133,2                    |
| Evergreen                 | 199,55                   |                          | 24,9                              | 41,3                     |
| Coniferous                | 229,33                   |                          | 54,3                              | 49,9                     |
| Mixed Forests             |                          |                          | 404,7                             | -                        |

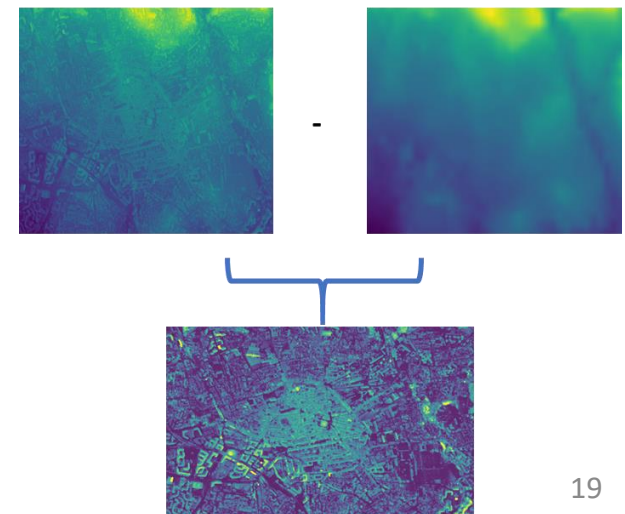
| Species          | Area covered (ha) |
|------------------|-------------------|
| Acer             | 75,0              |
| Aesculus         | 27,5              |
| Cedrus           | 63,0              |
| Celtis           | 42,9              |
| Cupressus        | 37,2              |
| Ligustrum        | 147,7             |
| Magnolia         | 20,2              |
| Olea             | 23,0              |
| Pinus halepensis | 50,4              |
| Pinus pinea      | 178,9             |
| Platanus         | 197,1             |
| Populus          | 19,1              |
| Prunus sp        | 17,4              |
| Prunus dome      | 1,4               |
| Quercus          | 32,6              |
| Robinia          | 55,1              |
| Tamarix          | 3,8               |
| Thuja            | 6,1               |
| Tilia            | 11,9              |
| Ulmus            | 64,4              |
| Zelkova          | 5,6               |
| <b>TOTAL</b>     | <b>1080,5</b>     |

# Canopy Height Model

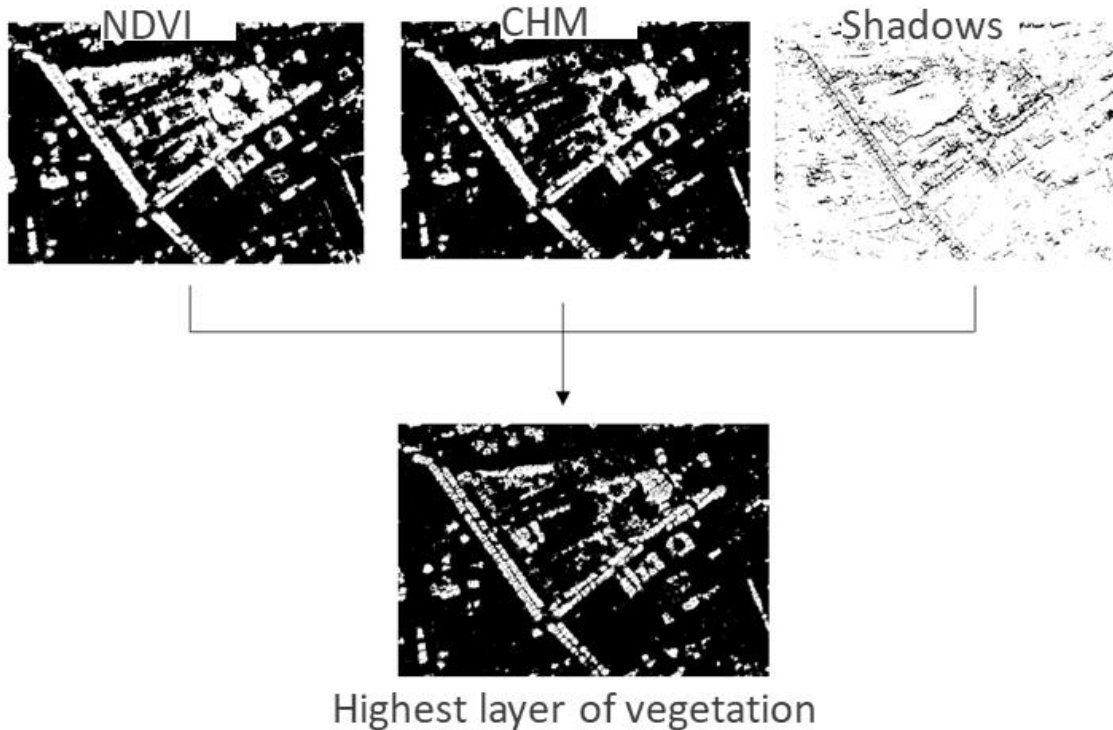
➤ 3 angles of view -> Tri-stereo images



$$\boxed{\text{DSM}} - \boxed{\text{DTM}} = \boxed{\text{CHM}}$$



## Extraction of the highest layer of vegetation



## Classification by threshold

- NDVI mask
- CHM mask
- Shadows mask

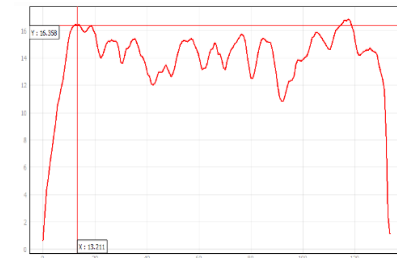
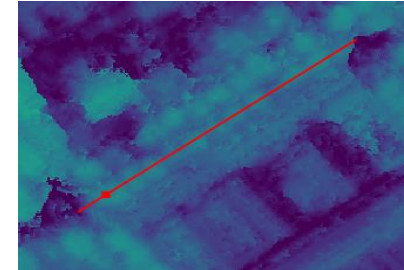
# Tree height estimation

Peaks detection by **local maxima filter** => Each peak is associated to the height of the tree.

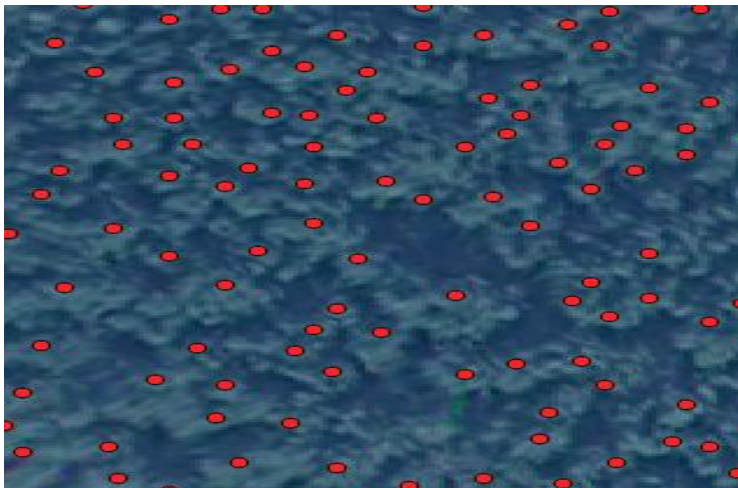


Tree peaks in city

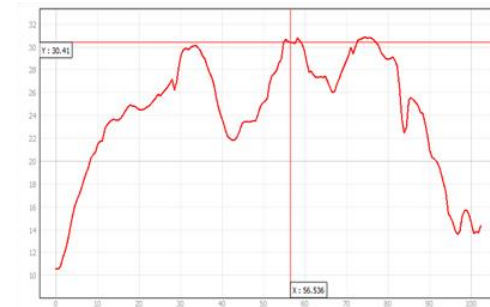
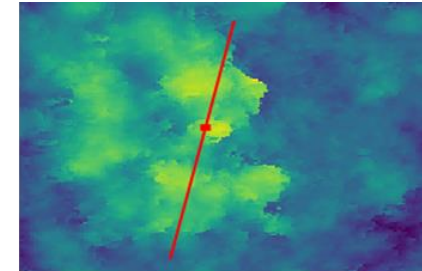
Profil of tree height along a boulevard



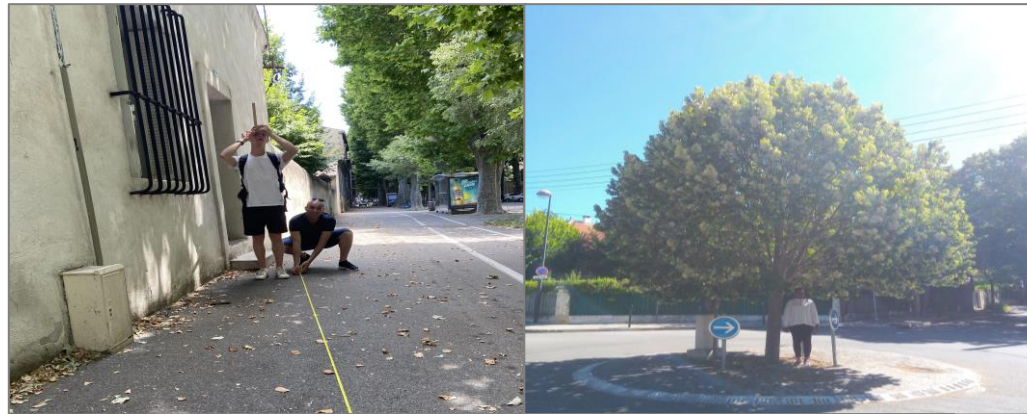
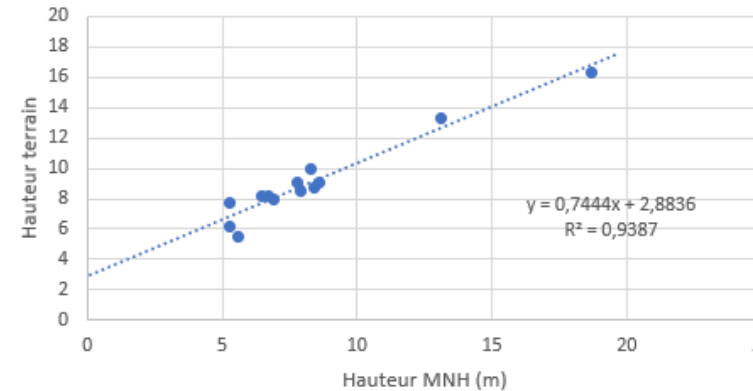
Dense vegetated area: dominant tree height can be identified.



Tree peaks in forest



- + **Input data:** Field measurements with smartphone application & hypsometer
- + **Mean squared error:** 1.0 m
- + **Sources of errors :**
  - + Accuracy of tree height measurement
  - + Accuracy of the DTM (70cm)



In situ measurements

# Tree height estimation

**Study area : 30 km<sup>2</sup>**  
**Total : 150,000 dominant trees**

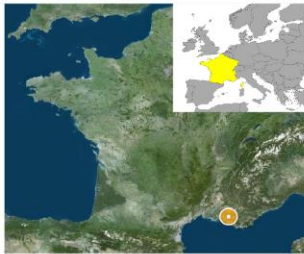


Tree height in the city center of Aix-en-Provence in France

**Description**

Individual extraction of trees from a Pleiades ortho-image of 29/08/2018 supplemented by a Canopy Height Model (CHM). The local maxima algorithm was used with an adaptive window size to define treetops. Around 7500 trees are present in this map where lower height are present in residential district (~10m) and higher trees in boulevards (~20m).

**Study area**



**Cartographic information**

Coordination system : Lambert 93

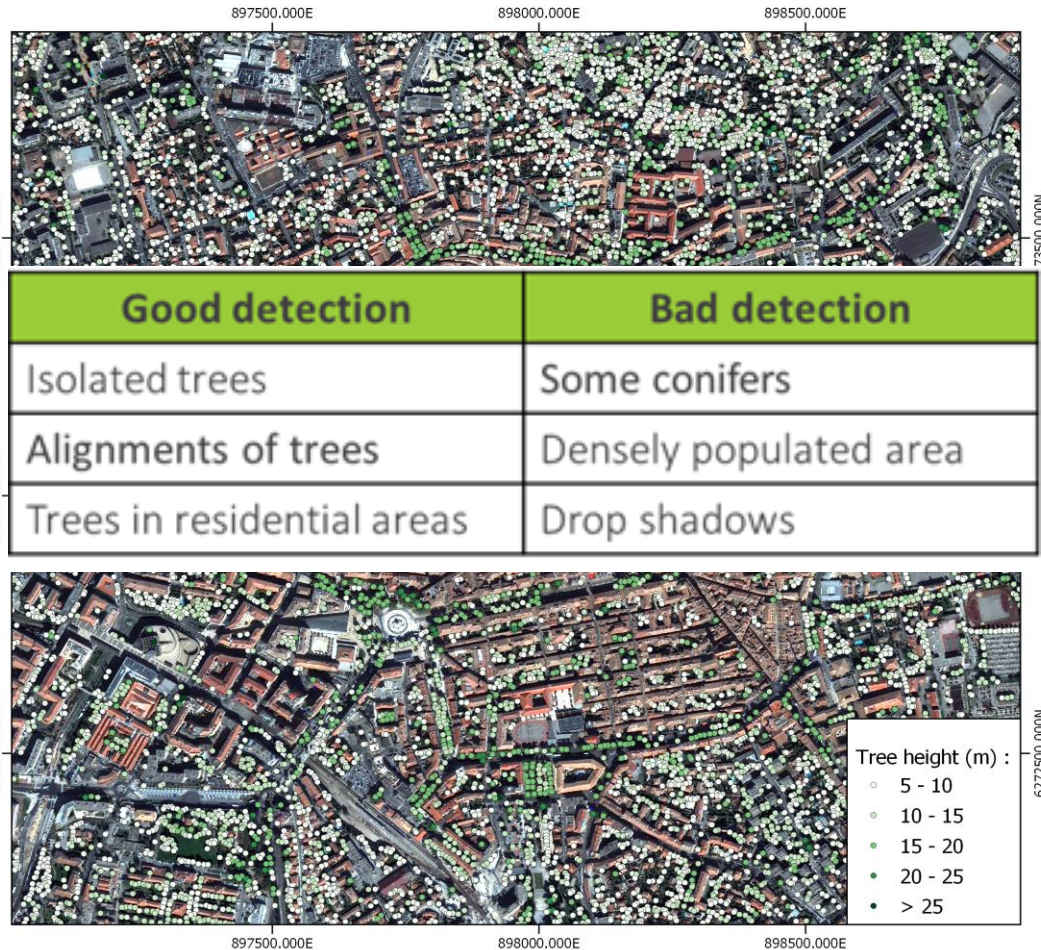


**Data sources**

Tri-stereo Pleiades imagery, distributed by Latitude-Geosystem

**Software**

Qgis, Orfeo ToolBox (OTB) and R





## Segmentation by « Region growing»

Segmentation technique to group pixels or groups of pixels. Starting with some seed pixels, the neighboring pixels are examined 1 by 1 and added to the growth region if their predefined properties are similar to those of the seeds.



Mapping of canopy cover in Aix-en-Provence

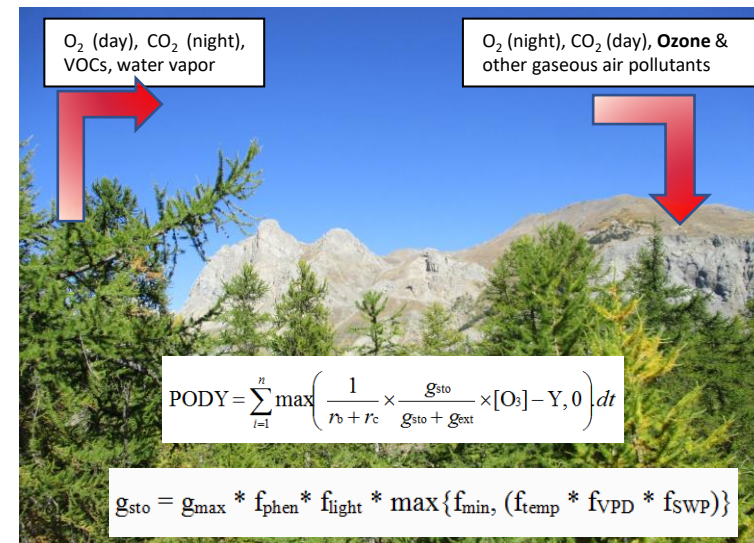
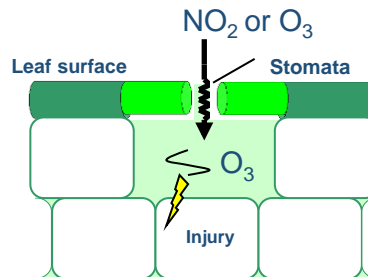
The **annual removal** of PM<sub>2.5</sub>, PM<sub>10</sub>, NO<sub>2</sub>, CO<sub>2</sub> and O<sub>3</sub> by UF and peri-UF will be quantified & mapped at city scale **before & after** reforestation.

**Deposition**  $Q = V_d \times C \times LAI \times T$

$Q$  = amount removed on 1m<sup>2</sup> of leaf surface (μg m<sup>-2</sup>),  $V_d$  = deposition velocity,  $C$  = concentration (μg m<sup>-3</sup>), LAI (m<sup>2</sup> m<sup>-2</sup>) and  $T$  (s) = vegetative period.

**O<sub>3</sub> & NO<sub>2</sub> absorption** -  
Gaseous pollutants

Stomatal & non-stomatal.



**Carbon stock & CO<sub>2</sub> equivalent estimation** - Biomass model CO2FIX incl. DBH, tree height and the covered area.

**Cooling effect** - Based on the Penman-Monteith evapotranspiration equation.

## Estimation & Mapping of ES at conurbation scale

From 2023, the core activities will be upscaled from city to conurbation scale.

The **vegetation** will be detected (delineation), categorized as forest categories from satellites images (Sentinel-2, Sentinel-3).

The annual removal of PM, NO<sub>2</sub>, CO<sub>2</sub> and O<sub>3</sub> & carbon stock by each forest category will be quantified and mapped.

## Replication activities

Know-how transfer & replication in Zagreb from 1<sup>st</sup> January 2024.

Follower cities e.g., Bucharest in Romania; Birzai, Kretinga, Kupiškis, Rokiskis, Vilkaviskis & Vilnius in Lithuania.

**Baseline conditions (2019, 2020).** Before reforestation & after reforestation, and by 2030.

**Air quality & climate benefits** - Based on field measurements & modelling at city & conurbation scales. CO<sub>2</sub> & O<sub>3</sub> classified as “*Short-Lived Climate Forcer*”

**Ecological benefits** - Singapore Index on Biodiversity to evaluate the progress of biodiversity: greenness, environmental DNA, pollinators, etc.

**Health benefits of cleaner air** - AirQ+ model (WHO) to estimate the short-term health effects due to AP exposure: mortality & morbidity.

**Economic valuation of cleaner air** - Monetary benefits of “avoided” premature deaths and hospital admissions, attributed to the reduction of AP after reforestation. Concept of “value of a statistical life”.

| Core Components   | Indicators   | Maximum Score        |
|---|--|----------------------|
| Native Biodiversity in the City   | 1. Proportion of Natural Areas in the City   | 4 points             |
|   | 2. Connectivity Measures   | 4 points             |
|   | 3. Native Biodiversity in Built Up Areas (Bird Species)  | 4 points             |
|   | 4. Change in Number of Vascular Plant Species  | 4 points             |
|   | 5. Change in Number of Bird Species  | 4 points             |
|   | 6. Change in Number of Butterfly Species   | 4 points             |
|   | 7. Change in Number of Species (any other taxonomic group selected by the city)  | 4 points             |
|   | 8. Change in Number of Species (any other taxonomic group selected by the city)  | 4 points             |
|   | 9. Proportion of Protected Natural Areas   | 4 points             |
|   | 10. Proportion of Invasive Alien Species   | 4 points             |
| Ecosystem Services provided by Biodiversity   | 11. Regulation of Quantity of Water  | 4 points             |
|   | 12. Climate Regulation: Carbon Storage and Cooling Effect of Vegetation  | 4 points             |
|   | 13. Recreation and Education: Area of Parks with Natural Areas   | 4 points             |
|   | 14. Recreation and Education: Number of Formal Education Visits per Child Below 16 Years to Parks with Natural Areas per Year  | 4 points             |
| Governance and Management of Biodiversity   | 15. Budget Allocated to Biodiversity   | 4 points             |
|   | 16. Number of Biodiversity Projects Implemented by the City Annually   | 4 points             |
|   | 17. Existence of Local Biodiversity Strategy and Action Plan   | 4 points             |
|   | 18. Institutional Capacity: Number of Biodiversity Related Functions   | 4 points             |
|   | 19. Institutional Capacity: Number of City or Local Government Agencies Involved in Inter-agency Co-operation Pertaining to Biodiversity Matters   | 4 points             |
|   | 20. Participation and Partnership: Existence of Formal or Informal Public Consultation Process   | 4 points             |
|   | 21. Participation and Partnership: Number of Agencies/Private Companies/NGOs/Academic Institutions/International Organisations with which the City is Partnering in Biodiversity Activities, Projects and Programmes | 4 points             |
|   | 22. Education and Awareness: Is Biodiversity or Nature Awareness Included in the School Curriculum   | 4 points             |
|   | 23. Education and Awareness: Number of Outreach or Public Awareness Events Held in the City per Year   | 4 points             |
| <b>Native Biodiversity in the City (Sub-total for indicators 1-10)</b>              |  | <b>40 points</b>     |
| <b>Ecosystem Services provided by Biodiversity (Sub-total for indicators 11-14)</b> |  | <b>16 points</b>     |
| <b>Governance and Management of Biodiversity (Sub-total for indicators 15-23)</b>   |  | <b>36 points</b>     |
|   |  | <b>Maximum Total</b> |



# Main expected results

## Environmental benefits

Each reforested area will remove annually **3.0 tons O<sub>3</sub>, 2.5t NO<sub>2</sub>, 1.5t PM<sub>10</sub>, 0.8t PM<sub>2.5</sub>, 10t CO<sub>2</sub>**, ambient air **2° C cooler** compared to surrounding area, increase **carbon stocks** (2t per ha).

## Socio-economic benefits

With the above AP reduction, **3 premature deaths & 12 hospital admissions** for respiratory and cardio-vascular diseases will be averted annually, i.e., a minimum benefit for healthcare of **€9.1 million each year** from 2024.

## Educational activities

Education of citizens about the good practices for a cleaner air in cities & for a better citizens' well-being by displaying A3 boards in doctor's waiting rooms in Aix & Florence. The target is **240,000 people reached**.

## Public events

In 2022, we will organize a **Tree Planting ceremony**, and support the **godfathering** of a tree: **100 trees** will be planted by citizens in private gardens.



### LA POLLUTION DE L'AIR

**Sources de pollution**

La circulation routière

Les activités industrielles, agricoles et domestiques

Dioxyde de carbone, Particules fines, Oxydes d'azote, Ozone, ...

Aix: + 3,4°C en été d'ici 2100

**Populations sensibles**

Les personnes âgées

Les jeunes

Les femmes enceintes

**Risques accrus pour la santé**

Maladies cardio-vasculaires

Maladies cérébro-vasculaires

Asthme et gênes respiratoires

Danger pour le fœtus

Cancers

Aix: 73 décès et 309 hospitalisations sont attribués à la pollution de l'air en 2019.

**Le projet AIRFRESH**

"Les arbres urbains pour un meilleur bien-être des citoyens"

Le reboisement peut aider à améliorer la qualité de l'air, mais si l'on plante n'importe quelle essence cela peut dégrader la qualité de l'air.

Projet de reboisement péri-urbain à Aix de 400 arbres "appropriés" pour mesurer leur capacité à réduire la pollution de l'air.

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**Comment bien planter ?**

"Planter la bonne espèce au bon endroit"

**Préférer les espèces :**

- adaptées aux conditions locales, à faible entretien,
- pas/peu allergéniques,
- résistantes aux maladies, sécheresses et pollutions,
- avec un fort potentiel d'absorption des polluants,
- avec un fort potentiel rafraîchissant,
- et qui n'engendrent pas la formation de polluants.

**L'ARBRE: UNE SOLUTION**

**En cas de pic de pollution, je me protège**

J'évite les lieux pollués (ex. bord de routes).

Je limite mes sorties en début et après midi.

J'évite les activités physiques et sportives intenses.

En cas de gênes respiratoires ou cardiaques, je me rends chez mon médecin.

**Je peux aider à réduire la pollution**

Je fais réviser mon véhicule et favorise les transports en commun et/ou peu polluants.

Je maîtrise la température et n'allume pas inutilement les lumières.

J'opte pour une alimentation saine. Si je réduis ma consommation de viande, je réduis les émissions de polluants.

J'opte pour le tri sélectif.

Je respecte la loi et ne brûle pas mes déchets (verts ou non).

J'utilise avec modération les parfums d'intérieur, encens et bougies, les fumées pas dans la maison. Aérez votre maison.

**Tenez vous informé !**

Pour en savoir plus: [www.aix-airfresh.eu](http://www.aix-airfresh.eu)

Contact : Dr Pierre Gilard [p.gilard@argans.eu](mailto:p.gilard@argans.eu)



# ***Air Pollution & Plants Conference***

***11-15 October 2021, Paphos (Cyprus)***

[www.cyprus2021.com](http://www.cyprus2021.com)

**Session 2.** Urban green: sinks or sources of air pollution and climate change

